



# St Bartholomew's Nursery

## Sun Safety for Children Policy

### Introduction

Early years professionals have a duty of care to keep children safe and healthy. We at St Bartholomew's Nursery are committed to protecting the children here at the centre when playing outdoors. We also aim to educate the children about safe behaviour in the sun.

**Children's rights statement, Article 3 states "Adults must do what is best for me".**

### In order to fulfil this aim:

- The best method of sun protection is to use shade, clothing and sun cream. We would ask parents/carers to ensure that all children are appropriately clothed to aid in sun protection.
- We ask parents/carers to apply sun cream before coming to nursery, in warm/sunny weather where they feel sun cream is required.
- If sun cream has not been applied at home, we will have a bottle of nursery sun cream available for you to apply to your child on arrival at nursery.
- Sun cream will be topped up as necessary depending on the UV rating for each day. If the UV rating is 3 or above, sun cream will be applied to all children before playing outside. Staff will monitor individual children and will apply throughout the session, and this will be recorded on our sun cream monitoring sheet.
- When going away on trips from the centre, sun cream will be applied as above. All sun cream products will be transported by a member of staff.
- Where children are not adequately protected due to inappropriate clothing or lack of consent for sun cream application, we will take steps to adapt our activities in order to protect them and/or limit the child's outdoor play for their own protection.
- When appropriate, we will provide a shaded area to protect the children whilst they play.
- We will provide fresh water outside for children to access freely.
- We will ensure that children can access the indoor play area at all times so they can choose to continue their play indoors.
- We will ensure that all staff understand the importance of sun protection and are positive role models to the children, educating them through discussion about their safety in the sun and also wearing suitable clothing, sunglasses and hats.

For further information please see:

[Beat the heat: hot weather advice - GOV.UK](#)

[Sunscreens and sun safety - NHS](#)

Signed on behalf of St Bartholomew's Nursery

Mrs Kelly Brodie – Early Learning & Childcare Lead Practitioner

Date: 28<sup>th</sup> April 2025