**Essential and Non-Essential Use of Electricity**

Please make sure that you do this activity with an adult in your home and complete the sheet with your parents or carers. Always make sure you are safe when using electrical items in your home and only use the things that your parents and carers say that it is OK and safe to do so.

**Your task:**

* **Record all the different ways that you have used electricity today e.g. switched on the lights, played on an Ipad etc.**
* **Now decide if this is an ‘essential use’ e.g. cooking or a ‘non-essential’ use e.g. watching television.**

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| **How I used electricity today** | **Essential or non-essential?** |
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