The graph below shows how far someone travelled when they went out on their bike each week.


1. What is the difference between the longest distance travelled and the least difference?
2. In which week did the cyclist cycle furthest?
3. In which week did the cyclist cycle the shortest distance?
4. How many kilometres did the cyclist cycle over all 12 weeks?
5. What was the average kilometres cycled per week?

Keep a log of how often you do exercise. You could keep a log of each day or each week. Display the frequency in a graph.

