Outdoor Learning Opportunities

I know we are going to be spending a lot of time inside for a while, but if you do get the chance to (safely) get outside for a little bit, here are some activities you could do!



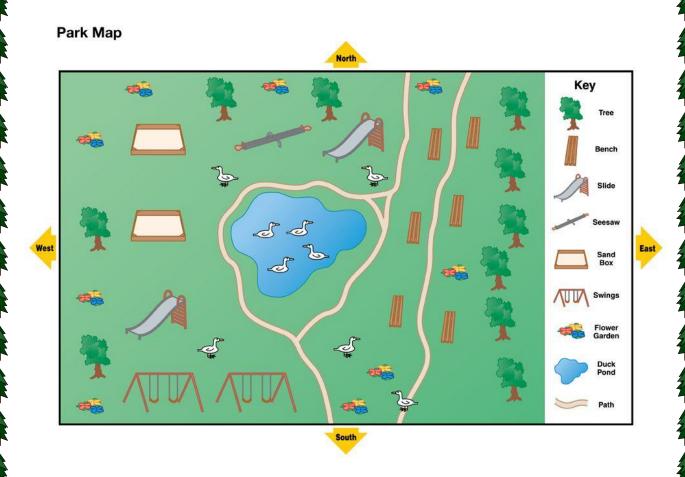
Keep a note of how many steps you walk each day you manage to get outside!

Day	Where I went	Steps

Activity 2

Draw a birds-eye view map of your local area. You can mark the important/fun places on the map and even draw a track showing the different ways you can walk around the area. Try adding a key as shown below:

Example:





If possible, try to plant a seed and then you can record its growth!

Date	Description	Picture

Remember to water and care for your seed. It's your baby!

Activity 4

If you have an old juice carton then you can turn it into a bird feeder!

You will need:

- Juice carton (not plastic as this could hurt the birds)
- String
- Scissors
- Pens
- 1. Wash the inside of your empty carton using water
- 2. Use a pen to draw rectangles or circles on the front and back of the carton.
- 3. Carefully cut out the rectangles or circles. Ask an adult for help with this.
- 4. Under the shape you have cut out, poke a small hole and slide and old pencil or stick into the hole. This will be a small perch for the birds to stand on.
- 5. Decorate the carton. Remember, do **not** use anything that birds might eat, such as glitter.
- 6. Attach string to the top of the carton so you can hang it outside.
- 7. Place seeds or small pieces of fruit inside.

You have now created a beautiful bird feeder!





If you have created a bird feeder from Activity 4 (or even if you haven't!), try to keep a record of the birds you spot. You can use books or the internet to try and find the names of the birds you see!

Picture	Description	Time spotted	Name



We need to try and stay fit and healthy! Help us! Create an activity or an exercise routine that we can do outside or in our gardens (or even in our homes). Write a set of instructions to teach people how to take part!

Name of activity:
How to take part: