



BELIEVE IN YOURSELF, ACHIEVE YOUR GOALS

Head Teacher
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Date: 2nd May 2025

RSHP Curriculum

Dear Parent/Carer,

Over the fortnight beginning 26th May, we intend to continue to fully implement Curriculum for Excellence Health and Wellbeing's Relationships, Sexual Health and Parenthood strand (RSHP). This involves the introduction of a new framework of learning, which responds to Experiences and Outcomes as directed by the Scottish Government and its supporting materials. NHS Specialists and teaching staff from both North and South Lanarkshire Councils have developed these.

Our local authority is committed to the provision of quality RSHP education in accordance with National Guidelines. It forms a key element of personal, social and health education in schools and is an important part of children's preparations for adult life. The purpose of RSHP work is to provide knowledge and understanding of the nature of sexuality and the processes of human reproduction within the context of relationships based on love and respect. It should develop understanding and attitudes which will help children to form relationships in a responsible and healthy manner.

The RSHP programme for Primary 7 pupils will be delivered by the class teacher and will consist of the following.

When it comes to relationships, children will learn about:

Loving relationships and being attracted to others

When it comes to being safe, children will learn about:

Building confidence in their own feelings and judgements about what feels safe/unsafe or okay/not okay

Identifying trusted adults who can help when they have a worry or a question

When it comes to growing up and learning about their bodies, children will learn:

What 'having sex' is and about contraception and condoms

If you have any further questions or concerns around the content of what is being taught to your child's class or you wish to view the resources being used to support learning then please get in touch with Mrs Diamond (Depute Head Teacher) by calling the school office or emailing nldiamonde@northlan.org.uk

Kind regards,

Mrs E. Diamond
Depute Headteacher
Balmalloch Primary School