



BELIEVE IN YOURSELF, ACHIEVE YOUR GOALS



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## RSHP Curriculum

Dear Parent/Carer,

Over the fortnight beginning Monday 26<sup>th</sup> May, we intend to continue to fully implement Curriculum for Excellence Health and Wellbeing's Relationships, Sexual Health and Parenthood strand (RSHP). This involves the introduction of a new framework of learning, which responds to Experiences and Outcomes as directed by the Scottish Government and its supporting materials. NHS Specialists and teaching staff from both North and South Lanarkshire Councils have developed these.

Our local authority is committed to the provision of quality RSHP education in accordance with National Guidelines. It forms a key element of personal, social and health education in schools and is an important part of children's preparations for adult life. The purpose of RSHP work is to provide knowledge and understanding of the nature of sexuality and the processes of human reproduction within the context of relationships based on love and respect. It should develop understanding and attitudes which will help children to form relationships in a responsible and healthy manner.

The RSHP programme for Primary 4 pupils will be delivered by the class teacher and will consist of the following.

**When it comes to growing up and learning about their bodies, children will learn about:**

Names of parts of their body and names for private body parts; we use the words penis, vulva, bottom, nipples

**When it comes to how human life begins, pregnancy and birth, children learn about:**

Pregnancy and breastfeeding

What a baby needs and how to care for a baby.

If you have any further questions or concerns around the content of what is being taught to your child's class or you wish to view the resources being used to support learning then please get in touch with Mrs Diamond (Depute Head Teacher) by calling the school office or emailing [nldiamonde@northlan.org.uk](mailto:nldiamonde@northlan.org.uk)

Kind regards,

Mrs E. Diamond  
Depute Headteacher  
Balmalloch Primary School