

# MY SHANARRI WEB

## INCLUDED

- I can make friends
- I can work well in a group
- I understand the similarities and differences in myself and others
- I can adapt well to new and different situations

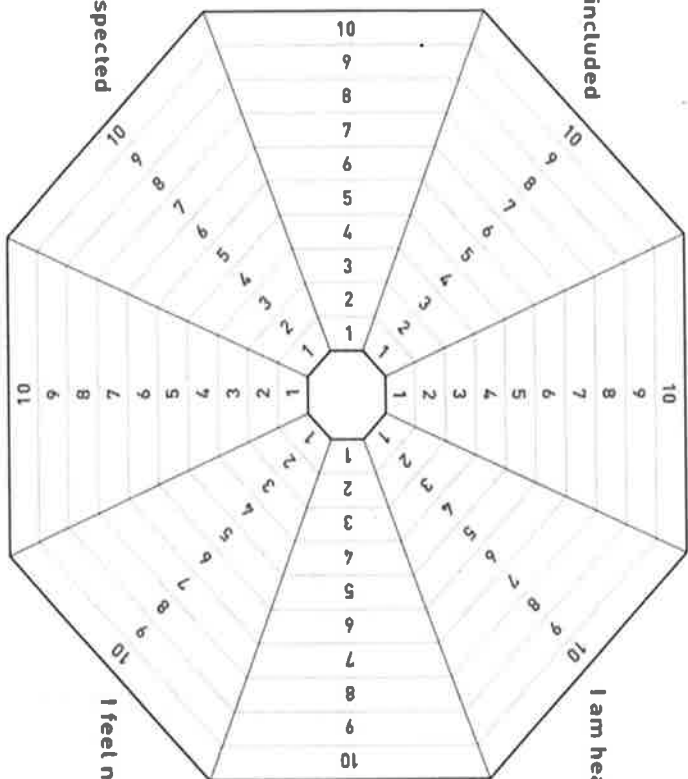
## RESPONSIBLE

- I am well behaved
- I am keen to help others
- I can resolve conflict and prepared
- I know right from wrong
- I can follow school and social rules

## SAFE

- I have good attendance at school
- I am always on time
- I know how to keep myself safe at home, at school and in the community
- I can keep myself safe on the computer
- I can help others to keep safe

## I feel safe



I feel included

I am healthy

I am responsible

I am achieving

I feel respected

I feel nurtured

I am active

## RESPECTED

- I am very happy to share my thoughts and opinions
- I am confident
- I can encourage others
- I can take the lead if asked
- I can accept responsibility for my actions and choices

## HEALTHY

- I take part in exercise on a regular basis and I am alert and energetic
- I know how to keep myself healthy
- I can talk about my feelings with friends and family
- I am able to learn from my mistakes

## ACHIEVING

- I am motivated and keen to do my best
- I always complete my homework on time
- I concentrate well
- I seek advice and help when I need it

## NURTURED

- I am confident and happy
- I am sociable and make friends
- I am always alert and ready to work
- I get enough sleep
- I can accept praise and constructive criticism and use it to improve further
- I get on well with my family and friends

## ACTIVE

- I take part in PE on a regular basis
- I enjoy taking part in after school clubs
- I always bring my kit with me
- I enjoy being active
- I know the importance of being healthy

Date \_\_\_\_\_

Date \_\_\_\_\_

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