

Balmalloch Primary School and Nursery Class



Safeguarding: Sun Protection Policy



responsi**B**ility

gr**A**ttitude

BELIEVE IN YOURSELF

hu**M**ility and forgiveness

persever**A**nce

Love

ACHIEVE YOUR GOALS

h**O**nesty and gener**O**sity

respe**C**t

friends**H**ip & family

A Place of Enthusiastic Learning and Achievement!

Introduction

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contribute significantly to the lifetime risk of skin cancer.

At Balmalloch Nursery Class we aim to allow all children and staff enjoy the sun safely. We will work with staff, parents, and carers to achieve this through.

Protection

- The nursery garden is adapted to provide areas of shade using Patio Umbrellas, tents, and den making materials.
- Children are encouraged to use the shaded areas during their time outdoors.
- Parents/Carers are encouraged to dress their children in clothes that provide good sun protection. (sun hats)
- Parents/carers are informed at nursery induction of the importance to provide the nursery with the appropriate clothing/headwear
- In times of hot weather parents/carers are reminded via social media and the SMART board in the nursery entrance.
- Children are encouraged to increase their water intake in hot weather.
- Water will always be available to children throughout the day from water dispensers which children will be able to access independently. (both indoors and outdoors)

Sunscreen

- Parents should sun cream to their child at home. parents should apply cream to their children before they come to nursery and staff will assist the child in re-applying it during the day when necessary
- Parents are asked to give written permission for sun cream to be applied to their children at their induction.
- Parents are required to provide the nursery appropriate sun cream for their child.
- The sun cream must be in date, and be a minimum factor 30 in accordance with sun safety Scotland.

- Parents are welcome to leave the sun cream at the nursery for the duration of the summer, but this cream must be clearly labelled with the child's name on it.

Sandra Merrick
Early Learning & Childcare Principal Lead
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