

~~RECEIVED~~

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------|---|--|---|--|---|
| Today's Hot Option RED BAND | Beef burger in a bun with seasoned potato wedges and a choice of vegetable sticks & coleslaw | Macaroni cheese served with garlic bread and a choice of two vegetables or salad (v) | Chicken curry and rice served with a naan bread finger and 2 choices of vegetables. | Pork sausages with gravy, mashed potato, peas and carrots | Fish & Chips with vegetables and salad. |
| Veggie alternative | Quorn Burger in a bun with seasoned potato wedges and a choice of vegetable sticks & coleslaw (v) | Not required | Vegetable Curry and rice served with a naan bread finger and 2 choices of vegetables. (v) | Quorn sausages with gravy, mashed potato, peas and carrots (v) | Quorn Nuggets and chips with a choice of salad and vegetables (v) |
| Snack 2 Go BLUE BANDS | Choice of Tuna or cheese | Choice of Chicken or Cheese. | Choice of Tuna or Cheese | Choice of Chicken or Cheese | Choice of Chicken or Cheese |
| Soup, sweet treat, fruit or yoghurt | Lentil Soup, Fruit or Yoghurt | Home Baking Or Fruit | Lentil Soup, Fruit or Yoghurt | Home Baking Or Fruit | Tomato soup |