

# Time

MNU 3 -10a Using simple time periods, I can work out how long a journey will take, the speed travelled at or distance covered, using my knowledge of the link between speed distance and time.

Time can be displayed on a clock face or a digital clock.



09:30

These clocks both show half past nine.

## 12 - Hour Notation

When writing time in 12 hour notation, we need to add am or pm after.

- am is used between midnight and 12 noon (Morning)
- pm is used between 12 noon and midnight (Afternoon)

## 24 - Hour Notation

In 24 hour notation the hours are written between 00 and 24.

- Midnight is 00:00 and noon 12:00

This can be written with or without the dots.

For example bus or train timetables do not have dots.

### Examples

8.50am → 08:50

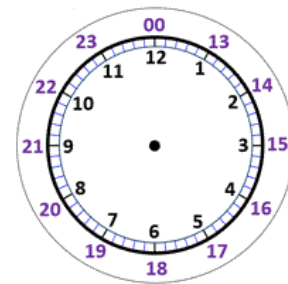
03:15 → 3:15am

3.45pm → 15:45

11:20 → 11.20am

9.30pm → 21:30

22:10 → 10:10pm



## Counting Time

When calculating time we will always use the counting on method. Pupils should be able to work in am/pm and 24hour notation and answer questions appropriately.

Find the time difference between 08:40 and 14:15



Time can be broken down into several different intervals. Pupils should be encouraged to do whatever they feel comfortable with but still be able to get the correct answer.