

Growth Mindset

Read the following statements and ONLY write the positive statements in your jotter.

- I'm not good at this.
- I love challenges!
- I don't' like it when I make mistakes.
- This is too difficult.
- When I get frustrated, I keep on trying my very best.
- Practise makes progress.
- I want to try again.
- I can always improve, so I'll keep trying.
- I'll never be as smart as her.
- I can't do maths.
- I can't do it yet.
- Mistakes are learning opportunities.