

WIC 14th April

WEEK 1	MONDAY snack	TUESDAY Italian	WEDNESDAY Curry	THURSDAY Home Cooked Dinner	FRIDAY Fish and Chips
Hot Meal <b>RED BAND</b>	<b>Cheeseburger</b> in a bun with <b>potato wedges</b> and a choice of vegetable sticks, salad & coleslaw	Macaroni cheese served with peas, cauliflower, and garlic bread (v)	Chicken curry and rice served with a naan bread finger, sweetcorn and peas.	*Sausages with gravy, mashed potato, carrots and broccoli (x)	<b>Fish &amp; Chips</b> with salad and peas
Hot Meal Vegetarian Alternative <b>GREEN BAND</b>	<b>Vegetable Burger</b> in a bun with <b>potato wedges</b> and a choice of vegetable sticks, salad & coleslaw (ve)	Tomato & Pepper Pasta with salad and carrot (ve)	Vegetable curry and rice served with a naan bread finger, sweetcorn and peas. (ve)	Veggie sausages with gravy, mashed potato, carrots and broccoli (ve)	<b>Quorn Nuggets</b> and <b>chips</b> with salad and peas (v)
Baked Potato with a filling or cold pasta dish, salad and vegetable sticks <b>Yellow BAND</b>	Tuna Pasta Only	Baked potato with Baked beans or Tuna	Tuna or Cheese Hot filling: Chicken / Vegetable curry	Chicken mayo and sweetcorn pasta only	Cheese or Tuna
Soup and a sandwich served with vegetable sticks <b>BLUE BAND</b>	<u>Wrap</u> Choice of Chicken or Cheese Served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of <b>Ham</b> or Cheese Served with soup of the day and vegetable sticks	<u>Soft Bap</u> Choice of Cheese or Tuna Served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of <b>Ham</b> & cheese, or Cheese Served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of Chicken, or Cheese Served with soup of the day and vegetable sticks
Choice of Soup, sweet treat, fruit or yoghurt	Lentil Soup (ve), Fruit, Yoghurt or Jelly	Roasted Sweet Potato Soup (ve), Home Baking, or Fruit	Lentil Soup (ve), Fruit, Yoghurt or Home Baking	Hearty Vegetable Soup (ve) Ice cream or Fruit	Lentil Soup (ve) Fruit, Yoghurt or Jelly

**Week Commencing –** **May 2nd - 23<sup>rd</sup> May - 13<sup>th</sup> June - 15<sup>th</sup> Aug - 5<sup>th</sup> Sept - 26<sup>th</sup> Sept – 24<sup>th</sup> Oct - 14<sup>th</sup> Nov – 5<sup>th</sup> Dec**

\*chicken link sausage (code: 129867)

All meals are served with milk or water, two portions of vegetable and pupils have the option to add soup or fruit daily or something sweet as indicated on the menu. **Ham x 2 = 60g; Burger = 80g (checked cooked weight)**

Proposed Primary Menu 2022 (V1) – Themed

WIC 25<sup>th</sup> April

WEEK 2	MONDAY American Theme	TUESDAY Italian	WEDNESDAY Curry	THURSDAY Home Cooked Dinner	FRIDAY Fish and Chips
Hot Meal <b>RED BAND</b>	Pizza Slice (1/3) with salad and vegetable sticks (v)	<b>Beef</b> Bolognese Pasta served with green beans, mixed salad and garlic bread (v)	Chicken Tandoori (Code: 33404) bites served with a wholemeal pitta bread finger, <b>seasoned potato wedges</b> salad, vegetable sticks and dipping sauce	<b>Roast beef (Code: 29174)</b> served inside Yorkshire pudding (code: 52992) with gravy mashed potatoes, broccoli and carrots	<b>Fish &amp; Chips</b> with sweetcorn and peas
Hot Meal Vegetarian Alternative <b>GREEN BAND</b>	Cheese Toastie, Baked Beans tomato wedges.	Arabiatta Pasta served with garlic bread, green beans and salad (v)	Lentil Dahl served with a wholemeal pitta bread finger, <b>seasoned potato wedges</b> salad, vegetable sticks and dipping sauce (ve)	Veggie meatballs (code:32323) served inside Yorkshire pudding with gravy mashed potatoes, broccoli and carrots (v)	<b>Quorn Nuggets</b> and <b>chips</b> with sweetcorn and peas (v)
Baked Potato with a filling or cold pasta dish, salad and vegetable sticks <b>Yellow BAND</b>	Tuna and sweetcorn pasta	Baked potato with Tuna or baked beans	Tuna or Cheese	Chicken Mayo and Sweetcorn Pasta	Cheese or Baked Beans
Soup and a sandwich served with vegetable sticks <b>BLUE BAND</b>	<u>Wrap</u> Choice of Chicken or Cheese Served with soup of the day and vegetable sticks	<u>Sandwich</u> <b>Choice of Ham or Cheese</b> Served with soup of the day and vegetable sticks	<u>Soft Bap (code:32245)</u> Choice of Cheese or Tuna Served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of <b>Ham</b> & cheese, or Cheese Served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of Chicken, or Cheese Served with soup of the day and vegetable sticks
Choice of Soup, sweet treat, fruit or yoghurt	Lentil Soup Fruit, Yoghurt or Jelly	Vegetable Soup, Home Baking or Fruit	Minestrone soup , Fruit, Yoghurt or Home Baking	Vegetable Soup, Home Baking or Fruit	Lentil Soup, Fruit, Yoghurt or Jelly

Proposed Primary Menu 2022 (V1) – Themed

WIC 2nd May.

Week Commencing – 9<sup>th</sup> May – 30<sup>th</sup> May – 20<sup>th</sup> June – 22<sup>nd</sup> Aug – 12<sup>th</sup> Sept – 3<sup>rd</sup> Oct – 31<sup>st</sup> Oct – 21<sup>st</sup> Nov – 12<sup>th</sup> Dec

All meals are served with milk or water, two portions of vegetable and pupils have the option to add soup or fruit daily or something sweet as indicated on the menu.

Ham x 2 = 60g; Roast beef = 62g (meet and weight agreed)

WEEK 3	MONDAY American Theme	TUESDAY Italian	WEDNESDAY Curry	THURSDAY Home Cooked Dinner	FRIDAY Fish and Chips
Hot Meal <b>RED BAND</b>	<u>Reef Wrap</u> *Fish fingers in a warm wrap with mayonnaise served with salad and carrots sticks (x)	<b>Beef</b> Lasagne (sheets: 28323) with mixed salad, sweetcorn and garlic bread	Chicken curry and rice served with a naan bread finger, sweetcorn and peas	Creamy Chicken <b>Pie</b> with mashed potatoes, broccoli and carrots	<b>Fish and chips</b> with salad and tomato wedges
Hot Meal Vegetarian Alternative <b>GREEN BAND</b>	Fishless Fingers in a warm wrap with BBQ sauce served with salad and carrots sticks	Tomato Pasta with mixed salad, sweetcorn and garlic bread	Vegetable curry and rice with a naan bread finger and a choice of two vegetables or salad (v)	Veggie sausage (code:134536) roll mashed potatoes, broccoli and carrots	Quorn Nuggets and chips and a choice of two vegetables or salad (v)
Baked Potato with a filling or cold pasta dish, salad and vegetable sticks <b>YELLOW BAND</b>	Chicken mayo and sweetcorn pasta only	Baked potato with Baked beans or Tuna	Tuna or Cheese Hot filling: Chicken / Vegetable curry	Tuna Pasta only	Cheese or Tuna
Soup and a sandwich served with vegetable sticks <b>BLUE BAND</b>	<u>Wrap</u> Choice of Chicken or Cheese Served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of <b>Ham</b> or Cheese Served with soup of the day and vegetable sticks	<u>Soft Bap</u> Choice of Cheese or Tuna Served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of <b>Ham</b> & cheese, or Cheese Served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of Chicken, or Cheese Served with soup of the day and vegetable sticks
Choice of Soup, sweet treat, fruit or yoghurt	Lentil Soup Fruit, Yoghurt or Jelly	Cream of Tomato Soup Home Baking Or Fruit	Chunky Vegetable Soup Fruit or Yoghurt Home Baking	Vegetable Soup Ice cream Or Fruit	Lentil Soup, Fruit or Yoghurt Jelly

Proposed Primary Menu 2022 (V1) – Themed

**Week Commencing – 16<sup>th</sup> May – 6<sup>th</sup> June – 27<sup>th</sup> June – 29<sup>th</sup> Aug -19<sup>th</sup> Sept – 10<sup>th</sup> Oct -7<sup>th</sup> Nov – 28<sup>th</sup> Nov -28<sup>th</sup> Nov 19<sup>th</sup> Dec**

**\*salmon**

**All meals are served with milk or water, two portions of vegetable and pupils have the option to add soup or fruit daily or something sweet as indicated on the menu.**

**Ham x 2 = 60g; Beef mince = 60g**