

What's on at Lawmuir?

Week Beginning 23rd June 2024

Lunch Menu
Week 3

Monday 23rd June

- Breakfast Club 8.30am
- CHAS Rainbow Walk – Dress Down

Tuesday 24th June

- Breakfast Club 8.30am
- House Reward – Scavenger Hunt
- Good to be Green – Wet & Wild pm

Wednesday 25th June

- Breakfast Club 8.30am
- School Closes at 1pm

Dates for Your Diary

August

Monday 11th August – Holiday

Tuesday 12th August – Inset Day - Staff Only

Wednesday 13th August – Inset Day - Staff Only

Thursday 14th August Return to School for all pupils

P2 – P7 9am

P1 – Meet in the school hall at 9.30am



Have a lovely
Summer Break!



Be Safe - Be successful - Be Sensible - Be Smart

Orbiston Community Hub

Newsletter

**MORGAN
SINDALL**
CONSTRUCTION

Progress Update

June 2025

Scaffolding is being dismantled now that the external fabric of the building has been completed. All cladding and brickwork has been completed, and this has allowed groundworks to progress across the site. Sports pitch construction has commenced to the rear of the site. Externally, we are working closely with North Lanarkshire Council and their contractor Hochtief who are carrying out general footpath upgrades in the area. We will coordinate any works we have with Hochtief so that any disruption to the area is minimised.

Internally, classrooms are now being brought to a finish, with flooring, decoration and fixed furniture all progressing. Mechanical and electrical works are also progressing across the building, and this will allow testing and commissioning of these systems to commence.

A temporary car park will be constructed on the Green adjacent to Babylon Road across from the new building and we expect this to commence in June. This is to provide accessible spaces as well as visitor drop-off and pick-up during the next phase of the works temporarily until the full permanent provision is constructed following demolition.



Pupils from Sacred Heart and Lawmuir Primary Schools; Orbiston Project Reporters, visited site this month to report on progress of the community hub to their schools.

Thank you as always for your continued support and we will continue to keep you up to date with regular newsletters.

Contact us:

Should you have any questions or concerns, please do not hesitate to contact a member of our team:

Morgan Sindall
David Gray, Senior Project Manager
David.gray@morgansindall.com

Morgan Sindall
Ruairidh Clark, Senior Site Manager
Ruairidh.clark@morgansindall.com

100% Safe



**Morgan Sindall Construction
& Infrastructure Ltd.**
Trilogy One, 11 Woodhall, EuroCentral,
Motherwell, ML1 4YT

Appendix 3



Free, safe and anonymous mental health and wellbeing support at your pace

For young people aged 10-18 in North and South Lanarkshire



Chat to
our team



Helpful
articles



Community
support



Online
Journaling

Whatever is going on in your life, the anonymous community on Kooth and our team of professionals are here to help and support you 24/7.

Connect with others by sharing your experiences, gain self-care tips through our themed collections & helpful articles, or drop in for an online chat with a mental health practitioner.

Sign up today at
kooth.com



FREE



FAMILIES HERE AND NOW SERVICE

SUMMER SESSIONS

Bellshill & Mothrewell

TUESDAY 8TH JULY: NATURE BINGO & CRAFTS
at Stathclyde Park (park nearest the watersports centre)

TUESDAY 15TH JULY: OUTDOOR GAMES & CRAFTS
at Spider park Caledonian Avenue Bellshill

TUESDAY 22ND JULY: TEDDY BEARS PICNIC & STORYTIME
at Strathclyde Park (park near the watersports centre)

TUESDAY 29TH JULY: SCAVENGER HUNT
at Spider park, Caledonian Avenue Bellshill

TUESDAY 5TH AUGUST: SPORTS DAY GAMES & CRAFTS
at Strathclyde Park (park nearest the watersports centre)

All sessions are from 1:00 to 3:00

Snacks Available

To book a space call or text:

Daryl on: 07535341842

OR

Leeanne on: 07947144734

Suitable for families with
primary school aged children and younger
Parents/carers to remain for the
duration of the sessions



Staying safe and healthy this summer

Hints and tips from NHS Lanarkshire's Health Protection team on staying safe and healthy this summer.

Appendix 1

It's important we know how to keep ourselves and each other safe while we make the most of the summer months and we want to remind you of some important Health Protection messages; **hand hygiene**, **food safety** and **tick bites**.

Hand washing: wash hands before eating and drinking

Hand hygiene is one of the most important ways of controlling the spread of infections. You can protect yourself and your family by **washing your hands thoroughly with soap and warm water**.

This should be done before eating, drinking or doing anything else that brings your hands into contact with your mouth; as well as after using the toilet.

Parents, and those looking after young children, should supervise children while they are washing their hands to ensure they do so properly.

A number of germs, such as Cryptosporidium and E. coli, are commonly carried by pet and farm animals. It is really important to wash hands thoroughly before eating or drinking and after contact with animals, or the places where they're kept. This is particularly important when visiting petting farms or when feeding lambs or other animals. **Washing your hands thoroughly** with liquid soap and warm running water immediately after you have had contact with animals or the areas where they have been and at the end of your visit will reduce the risk of infection.



For further Hand washing information – [Washing hands video - YouTube](#)

Food safety: cook food thoroughly



Summer offers the ideal opportunity to enjoy a BBQ with friends and family but warm weather and outdoor cooking can be the perfect conditions for bacteria to grow. Food poisoning can be caused by various bacteria including: **Campylobacter, Salmonella, Listeria, E. coli**

Don't leave meat outside of the fridge for long periods, and make sure meat is cooked thoroughly. Avoid cross contamination by not allowing cooked food, salad, bread rolls to come into contact with raw meats. Wash your hands before preparing food and after handling raw meat. This helps to prevent bacteria from spreading too. Ensure fruit, vegetables and salads are washed prior to eating.

Learn more about BBQ food safety here: [BBQ Food Safety](#)



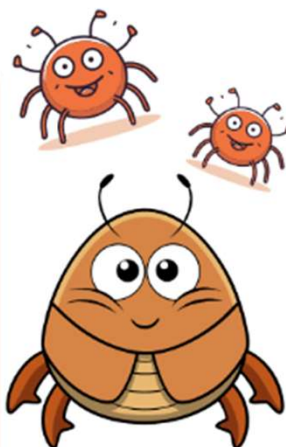
Tick Bites – be aware, remove quickly

Ticks are tiny spider-like creatures and they can carry the germs and bugs that can cause illnesses, including Lyme disease. Most ticks are unlikely to carry the germ that causes **Lyme disease** but there's no way of knowing at the time.

Ticks can be found on bushes and undergrowth in Scotland's countryside, parks and gardens. They are mostly around from spring, through summer and into autumn.

There are some precautions you can take:

- Try to avoid being bitten by ticks
- Remove any ticks that do bite as quickly as possible using a specially designed tick removal tool. This greatly reduces the likelihood that they can pass any bugs on to you
- Cover up bare skin with long trousers and long sleeves when in outdoor green spaces. Using insect repellents also helps.
- Check for ticks after spending time outdoors.



NHS Inform: [NHS Inform Tick Bites](#)
NHS Inform: [Avoiding Bugs and germs outside.](#)



Bird flu: Don't pick up dead birds.

The risk of humans getting avian flu in the UK is low, but is still possible. Therefore, you should be cautious if you come across dead birds.

Don't touch dead or sick birds, unless you are wearing suitable protective clothing and know how to use it.

Report any sightings of dead or sick birds to the relevant local authority.

North Lanarkshire – 0345 143 0015 | South Lanarkshire – 0303 123 1020

NHS Lanarkshire Health Protection Team 01698 752 952

Email Lanarkshire Health Protection Team cdeh@lanarkshire.scot.nhs.uk

Public Health Scotland

[Public Health Scotland](#)

NHS Lanarkshire Health Protection Team

[Public Health | NHS Lanarkshire](#)



Wishing you a healthy and happy summer holiday
from NHS Lanarkshire Health Protection Team

