



Head Teacher's Update 15.03.23

Sustrans Big Walk & Wheel

20–31 March 2023

Sustrans Big Walk and Wheel is the UK's largest walking, wheeling, scooting and cycling challenge. It inspires pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world.



Headline sponsor:



In 2022,
2,984kg
of nitrogen oxide
avoided as a result
of the 10-day
challenge*



The 2023 challenge

It's more important now than ever to travel actively. Active travel is a great way to build physical activity into children's daily routine. It helps them arrive to school more relaxed and alert, and is great for their mental wellbeing too.

This year the challenge will run from **20–31 March 2023**. It is free and easy to take part in Sustrans Big Walk and Wheel.

In 2022,
1,335 tonnes
of CO₂ avoided as a
result of the 10-day
challenge*



How it works

On each day of the challenge schools compete to see who can record the greatest number of pupils walking, using a wheelchair, scooting or cycling to school.

A school's best five days will determine their final position and schools at the top of their leaderboards will receive an exclusive Sustrans Big Walk and Wheel Certificate.

In 2022, pupils at
1,519
schools made
2,096,336
journeys to school by
foot, wheelchair,
scooter and cycle

*Based on the assumption the journeys logged in the challenge would otherwise have been made by car.



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Prizes

All schools will be entered into daily prize draws for rewards if over 15% of your school takes part on each day of the challenge. Prizes up for grabs include accessories and equipment to help your school travel actively.

Leave the car at home and join us in active travel to school.

Reminder!! Orbiston Community Hub – Community Open Event

Wednesday 22nd March at 6.30pm

In Lawmuir Primary School

Please see PDF below for details of a Community Event which will take place on Wednesday 22nd March at 6.30pm.

Everyone Welcome.

Members of NLC and the design team will be able to answer any questions you may have. [Orbiston Community Hub.pdf](#)

Lunch Menu This Week

[NLC Primary School Menu](#)

Comic Relief – Red Nose Day



Thank you to everyone who donated or bought a cake for Comic Relief. We made an amazing £214.51 for Comic Relief.



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Congratulations!!!



A huge congratulation to Mrs Megan Krausen and her husband Peter who have welcomed the beautiful Lottie on 7th March.

Easter Bonnet/Hat Competition

Lawmuir Primary School

Easter Bonnet Competition!



Friday 31st March

- Decorate a hat (bonnet) at home to take part in our competition.
- Bring your entry to school on Friday 31st March where we will judge all entries and decide on the winners. (one per class).
- Be as creative as you can with the Easter theme!





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Friends of Lawmuir Easter Raffle - 3 Easter Hampers up for grabs.

- Raffle Tickets will be available to buy from PTA representatives at Parents Night on Thursday 16th March
- Thereafter from your child's class teacher.
- Draw will take place on Friday 31st March at Assembly.



Friends of Lawmuir Easter Disco – 30th March

- P1-P4 6pm – 7pm
- P5-P7 7pm – 8pm
- £3 per person or £5 per family
- Ticket includes Goodie bag of sweets, drink & crisps.
- Children will receive a 'getting home' slip with their disco ticket. If you can please fill this in and return to the school office. Pupils in P1-3 should be collected by an adult.



Head Teacher's Update 20.03.23



Lawmuir Easter Disco Thursday 30th March



- ❖ P1-P4 – 6pm until 7pm
- ❖ P5-P7 – 7pm until 8pm
- ❖ £3 per person or £5 for a family ticket
- ❖ Ticket includes goodie bag with juice, a small sweet, & crisps
- ❖ Tickets on sale from your class teacher from Friday 17th March – we hope you can make it!

HAPPY EASTER!