

# Bank Holiday – Monday 19 September 2022

Following the announcement that the day of the funeral of Queen Elizabeth II on Monday 19 September 2022 is to be a bank holiday, all schools and early learning establishments will be closed as a mark of respect.

## Queen Elizabeth II

We were all saddened to hear the news on Thursday of the passing of Her Majesty, Queen Elizabeth II.

Just this week, we took receipt of a free book for each child in P1-7 as a memento of her Platinum Jubilee year. We have decided to still issue these to the children and they will be sent home on Friday. In the circumstances, I'm sure many children will appreciate this special memento.

# Karate Taster - Wednesday 14th September

All pupils enjoyed the Karate taster sessions this week. Pupils worked really hard. There were lots and lots of red faces at the end of the lessons. Take a look on twitter for some photos. Information below for anyone who would like to find out more.



# P7 Open Afternoon

Thank you to all the parents and carers who attended our P7 open afternoon. What a great turn out! It was so lovely to see the community back in school, sharing in our learning.

## Lunch Menu Week Beginning 19th September 2022

There are some changes to the School Menu next week.

## Tuesday 20<sup>th</sup> September

Red	Reef Wrap- Fish Fingers in a warm wrap with mayonnaise and vegetable
	sticks
Green	Fishless Fingers Wrap with BBQ sauce and carrot sticks. (VE)
Yellow	Chicken Mayonnaise and sweetcorn pasta with vegetable sticks and salad.
Blue	Sandwich & Soup of the Day – Ham/Cheese.

## Wednesday 21<sup>st</sup> September

Menu as normal

## Thursday 22<sup>nd</sup> September

Special Menu TBC – This will be emailed once confirmed by Catering Staff.

## NLC Primary School Menu

All children in Nursery to Primary 5 receive a free meal. Parents/carers of children in Primary 6 and Primary 7 who may be eligible for a free school meal can find more information <u>here</u>.

## Harvest Donations

To help support families in our local community this Winter. We would really appreciate your support in donating any of the following items over the month of September.

- Tinned products e.g. meat, fish, vegetables, fruit, soup
- Dried Rice, Noodles, pasta
- Instant Coffee, Tea bags and Diluting juice
- Custard, Jams and Spreads

Donations can be sent to the school office please.

#### Health & Wellbeing Bank

We have set up in school a health and wellbeing toiletry bank to support our families who are finding the rise in the cost of living expenses very difficult.

If you need any toiletries for your family please send a text or email to the school office We will then be in touch to arrange collection.

- We stock the following items;
- Toothbrushes, Toothpaste
- Deodorants
- Shampoo, Conditioner, Soap and Shower Gel
- Sponges and Hair Accessories

# **Allergy Information - Nut Free School**

Please do not send your child to school with items that contain nuts. This includes chocolate spreads such as Nutella & other brands.

We have children in the school who are allergic.

#### Head Lice

Head lice can be an ongoing problem for primary schools. We recommend that parents/carers check their child's hair regularly and follow the NHS Inform guidance which can be found at: <u>https://www.nhsinform.scot/illnesses-and-conditions/skin-hair-and-nails/head-lice-and-nits</u>

#### **Lollipops**

Please do not send these to school for tuck. These can be dangerous when playing in the playground. Pupils may be bumped or it could be a chocking hazard.

#### Reminder - Virtual Sleep Workshops - Wednesday 21st September

Educational Psycology Service is running a series of Healthy Sleep Habits for Children workshops. The first session is on Wednesday 21st September from 1.15pm – 2.45pm. If you wish to join in this session you should register, please click on the link below <u>More Information</u>

#### **Reminder - Open Afternoon**

#### P1 - 6 - Wednesday 21st September

Parents and carers are welcome to visit their child's class between 2pm – 3pm on the dates above. This is a chance for your child to show you their classroom, some of their jotter work and also meet the teacher. Teachers will be unable to discuss individual children in detail or address any concerns at this time.

#### What's On Next Week

