

Solihull Approach

Understanding your child

Free Online Parent & Carer Guide

An enjoyable online guide focusing on nurturing and supporting relationships between children and their carers.

To access this guide visit:

www.InOurPlace.Co.UK

Understanding Pregnancy, Labour, Birth and Your Baby

Antenatal Guide

North Lanarkshire: LANERCH1

South Lanarkshire: OWEN123

A photograph of a pregnant woman's belly, with her hands resting on it. The image is part of a promotional graphic for the Solihull Approach.

Solihull Approach
Understanding Pregnancy, Labour, Birth and Your Baby
Free Online Antenatal Guide

An enjoyable online guide focussing on preparation for the birth of your baby and the connection between parent and baby.

To access this guide visit:
www.InOurPlace.Co.UK
and use code: LANERCH1 for North Lanarkshire
or OWEN123 for South Lanarkshire

The graphic includes several logos: 'In Our Place' (IOP) with the tagline 'Working together to support health and wellbeing in the community - with the community', 'The Scottish Attainment Challenge' logo, and 'Nurturing' logo with the tagline 'Nurturing the future'.

UNDERSTANDING YOUR CHILD



S O L I H U L L A P P R O A C H

Solihull Approach
Understanding Your Baby

Free Online Postnatal Parenting Guide

An enjoyable online guide, focussing on nurturing the parent and child relationship.

To access this guide visit:
www.InOurPlace.Co.UK
and use code: LANERCH2 for North Lanarkshire
or OWEN123 for South Lanarkshire

Understanding Your Child

Parent & Carer Guide

North Lanarkshire: LANERCH3

South Lanarkshire: OWEN123

Solihull Approach
Understanding Your Teenagers Brain

Free Online Parent / Carer Guide

Find out what happens to the brain as a child hits adolescence!

To access this guide visit:
www.InOurPlace.Co.UK
and use code: LANERCH3 for North Lanarkshire
or OWEN123 for South Lanarkshire

Understanding Your Baby

Postnatal Parenting Guide

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Understanding your Teenager's Brain

Parent & Carer Guide

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