

Our Ref:
Your Ref:
Contact:
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E Mail: enquires@lawmuir.n-lanark.sch.uk
Date: 19 April 2018



Head Teacher
Lorraine Hunter
Lawmuir Primary School
Footfield Road
Orbiston
BELLSHILL
ML4 2BY

Dear Parent / Carer

Lawmuir Primary School would like to invite you to a *'Wellbeing Workshop'* for parents and carers. The workshop aims to start to explore ways and strategies to help manage moods and everyday stress that we all experience.

The workshop will be delivered by Annie Paterson, Lawmuir's Educational Psychologist and Lucy Roy, Community Learning and Development Worker.

'Wellbeing Workshop' takes place at Lawmuir Primary School on Tuesday 24th April 2018 from 9.15-10.45 am.

Please note this is for adults only. If you would like to attend then please complete reply slip and return to school office or if you would like further information then please contact Lucy on 01698 274 666.

Yours faithfully

A handwritten signature in black ink, appearing to read "Lucy Roy".

Lucy Roy
Community Learning and Development Worker

Wellbeing Workshop Tuesday 24th April 2018

I would like to attend the Wellbeing workshop

Adults Name _____ Contact Number _____

Return to LR



Award 2008

