



CYBER SUPPORT FOR PARENTS

Parents Evening Survey

The results from our recent survey at parents evening indicate that parents are most concerned about their children having access to these specific social media apps.

Did you know? - all of the below apps are age restricted to a minimum of 13 years

Facebook	77
Instagram	44
Tiktok	124
Youtube	97
Snapchat	104



What is Cyber Security?

Cyber security is important because smart phones, computers and the internet are such a fundamental part of modern life, that it is difficult to imagine how we would function without them.

Cyber security is the way we reduce the risk of becoming a victim of cyber crime. Cyber crime is a criminal activity that either targets or uses digital technology. For example:-

- hacking to get information, including social media and email password.
- phishing, where bogus emails ask for security information and personal details.
- malicious software, through which criminals hijack files and hold them

Cyber Awareness Tips

Here are some tips on how to protect yourself and your family online.

1. Protect email accounts with separate passwords
2. Create a strong password using three random words
3. Turn on two factor authentication
4. Update devices
5. Turn on automatic backup

To find out more, please visit

[Cyber Aware - NCSC.GOV.UK](https://www.ncsc.gov.uk)



Scan the QR codes below for support with online safety.

4-7 Year Olds



8-10 Year Olds



If you are looking for some more information about keeping your child safe online, visit this QR code or website and find some fun activities to do at home.

[Home Safety Activities](https://www.thinkuknow.co.uk)
[\(thinkuknow.co.uk\)](https://www.thinkuknow.co.uk)

