



# CHAPELHALL WELLBEING HUB



*A one stop shop for available services for parents and carers in our school and local community*

- |              |                          |                              |             |                   |                       |                |               |            |
|--------------|--------------------------|------------------------------|-------------|-------------------|-----------------------|----------------|---------------|------------|
| UNIFORM BANK | FINANCIAL INCLUSION TEAM | AIRDRIE HEALTH & SOCIAL CARE | PARENT ZONE | SPEECH & LANGUAGE | SOLIHULL APPROACH     | CHILDLINE      | NHS           | BARNARDO'S |
| FOOD BANK    | PLACE 2 BE               | CLUB 365                     | ENQUIRE     | CAMHS             | PROSPECTS FOR PARENTS | SLEEP SCOTLAND | CHRIS'S HOUSE | FEEDBACK   |

CLICK ON THE ABOVE TILES TO ACCESS THESE SERVICES





# FINANCIAL INCLUSION TEAM



▶ The Financial Inclusion Team provides support to all families experiencing difficulties.

*Support includes:*

- ▶ Crisis Grants
- ▶ Maximise income
- ▶ Free, confidential benefit check
- ▶ Help with claims, disability
- ▶ Help with appeals, representation at tribunals
- ▶ Liaise on people's behalf
- ▶ Assist with debt (after furlough, lost jobs)
- ▶ Assist with budgeting
- ▶ Assisted people who were shielding-providing food etc.



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01698 332551



[fit@northlan.gov.uk](mailto:fit@northlan.gov.uk)



# UNIFORM BANK



We are very lucky to have a local organisation who provide a very discreet uniform bank for our school. They collect donations of good quality used school clothing which is then laundered and ironed and can be collected from the St Aloysius Chapel hall.

If you would like to make a donation please drop freshly washed items into the collection box at the window of the front office.

To make a request for uniform please complete the attached form.

<https://forms.office.com/r/sddFghPFME>

[chapelhallyouthgroup@outlook.com](mailto:chapelhallyouthgroup@outlook.com)



07936063569

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# FOOD BANK



The Chapelhall Youth Development Group are operating a foodbank collection and distribution service to our local community. Please contact the group on the email or contact number below if this is service you can need to make use of, or also to find out about making donations.



chapelhallyouthgroup@outlook.com



07936063569

Airdrie Foodbank are also available to get help and support and can be found at the following link: <https://airdrie.foodbank.org.uk/get-help/>







# PLACE 2 BE

Place2Be is a children's mental health charity that provides counselling and mental health support and training for schools and parents.

We believe that children should not have to face mental health problems alone.

Click on the logo below to find out how you as a parent can help and support your child's mental health.



tel:+442079235500



# AIRDRIE HEALTH AND SOCIAL CARE

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Please contact Airdrie Health and Social Care  
Department for advice, support and resources  
for parents, individuals and families.



01236 757 000



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# PARENT ZONE



A website for parents and carers that gives information about education in Scotland and provides ideas to help parents and carers support their child's learning. Follow Education Scotland (EducationScot) for parent and carer newsletters where you will find ideas, hints and tips for parents and carers.





# CLUB 365



This service has been affected by our response to coronavirus.

Our Club 365 programme which provides hot lunches and activities at weekends and holidays has not been able to take place as normal this year due to the pandemic.

With Covid-19 restrictions continuing to impact Club 365 provision, and based on the success of the voucher scheme, parents of primary pupils who, under revenue and benefits criteria are eligible for free school meals will now receive a voucher every four weeks.



01698 332551







# ENQUIRE

Helping you understand Additional Support for Learning



Enquire is the Scottish advice service for additional support for learning.

Our mission is to:

- ▶ raise awareness of children's rights to extra support in school
- ▶ help families and schools work together to ensure children get the support they need
- ▶ provide advice to children and young people who might be struggling in school
- ▶ offer resources to parents



0345 123 2303



ENQUIRE





# SOLIHULL TRAINING



The Solihull Approach is all about working with practitioners and parents to develop new resources to support emotional health and well-being in children, families and adults.

The sound and well-researched ideas that underpin the Approach are embedded in every aspect of our training and 'Understanding your child' courses for parents.

The Solihull Approach model is now used in most areas of the UK with many projects across the world, applied from midwives to firefighters and in homes, hospitals, clinics, companies, schools and prisons.

To find out more about the Solihull Approach please click the logo below.





# CAMHS



The NHS Lanarkshire Child & Adolescent Mental Health Service (CAMHS) is a specialist service for infants, children and young people.

The service accepts referrals up to the young person's 18th birthday if they are still in high school education where the young person is experiencing moderate to severe emotional/behavioural mental health difficulties.

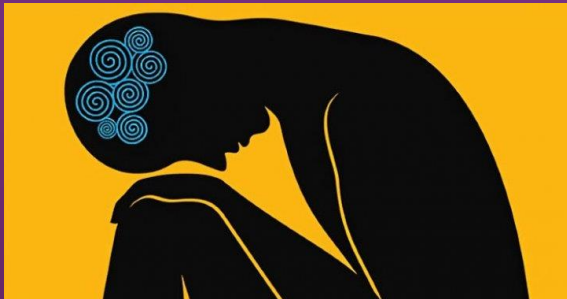


[01236 707774](tel:01236707774) /  
[01236 707779](tel:01236707779)





# NHS MENTAL HEALTH SUPPORT





# CHRIS'S HOUSE



Centre of Help, Response and Interventions

Surrounding Suicide offering support to families,  
parents and carers.



01236 766755

[info@chrisshouse.org](mailto:info@chrisshouse.org)





# BARNARDO'S



Barnardo's is a children's charity that protects and supports the UK's most vulnerable children and young people.



0800 008 7005

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# CHILDLINE



Get help and advice about a wide range of issues, call us on 0800 1111, talk to a counsellor online, send *Childline* an email or post on the message boards.

**childline**

ONLINE, ON THE PHONE, ANYTIME

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# SPEECH AND LANGUAGE



Due to Coronavirus (COVID-19), our Children and Young People's Speech and Language Therapy Service has temporarily changed and all routine appointments are postponed until further notice. We will continue to offer general advice and support by telephone. You can also send us a direct message via our Facebook and Twitter pages, or use our new email facility to contact us. Our social media pages have lots of advice and resources you can access too.

Here are the ways you can contact us:



[01698 575707](tel:01698575707) (leave a message and we will call you back)



[sltenquiry@lanarkshire.scot.nhs.uk](mailto:sltenquiry@lanarkshire.scot.nhs.uk) (email a message and a phone number and we will call you)



[@SLTSouthLan](#) or [@SLTNorth](#)



[Speech and Language Therapy NHS Lanarkshire](#)

We will work with you to reach the best possible solution in these challenging times

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# SLEEP SCOTLAND



Our vision is that all families of children and young people with sleep problems, including those with additional support needs, can be helped to achieve a qualitative improvement in the whole family's life, and that this service should be provided in partnership with the statutory sector.



<mailto:enquiries@sleepscotland.org>



0131 258 1258





# PROSPECTS FOR PARENTS



North Lanarkshire Council's Employability Service have recently launched a new project called Prospects for Parents.

The aim of this program is to help families become better off, by supporting parents who would like to get into work, and also by supporting those in low paid work, to increase their wages.

If you are a parent and would like to find out more/ register for Prospects for Parents please call us on 0800 0730 226

If you are a service working with parents who you would like to refer, contact Leea Grierson on [griersonle@northlan.gov.uk](mailto:griersonle@northlan.gov.uk) or Adele Muir on [muirad@northlan.gov.uk](mailto:muirad@northlan.gov.uk).

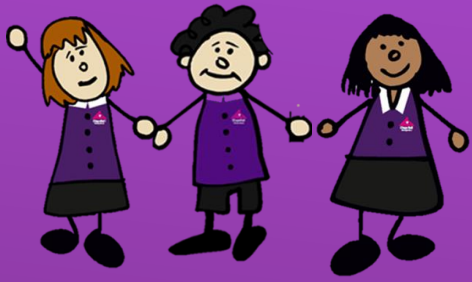
This project is open to those in work who are earning less than the current real living wage per hour

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# FEEDBACK



We strive to improve all that we do here in Chapelhall. Please provide us with feedback about this site and any other services that you would like to find out more about.



@ChapelhallPS

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