

Relationships, Sexual Health and Parenthood (RSHP)



Eastfield Primary School and Nursery

Stage	What Pupils Should Learn	Curriculum	Vocabulary
<p>Primary 7</p>	<p><i>I recognise that we all have similarities but are all unique.</i></p> <p><i>I am learning about where living things come from and how they grow, develop and are nurtured.</i></p> <p><i>I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.</i></p>	<p>HWB 2-47a</p> <p>HWB 2-50a</p> <p>HWB 2-44a</p>	<p>Self-esteem; self-worth, independence, peer pressure, media,</p> <p>Family, differences, love, people who care for and help us, gender stereotypes, trust, honesty</p> <p>Changing, growing, puberty</p> <p>Sexual References – reproduction, conception, fertilisation, sex, intercourse, making love, sexual relationship, sperm, womb, pregnancy, birth, unborn baby, process of birth, foetus, labour, umbilical cord.</p>

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Stage	What Pupils Should Learn	Curriculum	Vocabulary
<p>Primary 6</p>	<p><i>I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.</i></p> <p><i>I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.</i></p> <p><i>I am able to show an awareness of the tasks required to look after a baby.</i></p> <p><i>I am aware of the need to respect personal space and boundaries and can recognise appropriately to verbal and non-verbal communication.</i></p> <p><i>I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.</i></p>	<p>HWB 2-49a</p> <p>HWB 2-44b</p> <p>HWB 2-51a</p> <p>HWB 2-45b</p> <p>HWB 2-45a</p>	<p>Self-esteem, emotions, coping strategies, mood swings, peer pressure, people who can help, Friends, falling out, different types of love, qualities, gender stereotypes</p> <p>Family, differences, people who care for us</p> <p>Changing, growing, spots, greasy hair, hormones</p> <p>Sexual References - puberty, periods, menstruation, breasts, nipples, curves, underarm hair, pubic hair, tampons, sanitary towels, sweat glands, sexual organs, vagina, ova (eggs), cervix, womb, clitoris, penis, testicles, sperm, voice breaking, wet dreams.</p>

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Stage	What Pupils Should Learn	Curriculum	Vocabulary
<p>Primary 5</p>	<p><i>I am learning what I can do to look after my body and who can help me.</i></p>	<p>HWB 2-48a</p>	<p>Grow, change, stages, personal hygiene, hormones,</p> <p>Sexual References - sexual organs, genitals, penis, vagina, scrotum, testicles, menstruation, ova (eggs), sperm, baby, ovaries, womb, uterus, testes, cervix, womb, fertilization, puberty, menstruation, hormones, periods, breasts, hair, bleeding, sanitary towels, tampons.</p>

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Stage	What Pupils Should Learn	Curriculum	Vocabulary
<p>Primary 4</p>	<p><i>I am aware of my growing body and I am learning the correct names for its different parts and how they work.</i></p> <p><i>I am learning what I can do to look after my body and who can help me.</i></p> <p><i>I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships</i></p>	<p>HWB 1-47b</p> <p>HWB 1-48a</p> <p>HWB 1-44a</p>	<p>Inherit, characteristics, features, grow, change, living things, similarities and difference between males and females, private, public, washing, clean, germs, illness, hygiene, cooperate, share, friendships, emotions, feelings, good friend</p> <p>sexual references - sexual organs, genitals, penis, vagina</p>

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Stage	What Pupils Should Learn	Curriculum	Vocabulary
<p>Primary 3 <i>There are no sexual references in the content of these lessons</i></p>	<p><i>I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.</i></p> <p><i>I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.</i></p> <p><i>I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.</i></p>	<p>HWB 1-44b</p> <p>HWB 1-45a</p> <p>HWB 1-45b</p>	<p>Public, private, clean, wash, healthy, hygiene, friendship, cooperation, relationships, people who help us, emotions, feelings, personal space, respect, relationships, family, care, types of love, maternal, paternal, right to be cared for, differences, people who help and care for us (teachers, police, friends)</p>

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Stage	What Pupils Should Learn	Curriculum	Vocabulary
<p>Primary 2 <i>There are no sexual references in the content of these lessons</i></p>	<p><i>I am learning about where living things come from and how they grow, develop and are nurtured.</i></p> <p><i>I am able to show an awareness of the tasks required to look after a baby</i></p> <p><i>I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.</i></p>	<p>HWB 1-50a</p> <p>HWB 1-51a</p> <p>HWB 1-49a</p>	<p>Names of animals and their young e.g. sheep- lamb Living and non-living things Seeds, shoots, changes, then, now characteristics Washing, changing, cuddling, feeding Wants vs needs Respect, safe, differences, similarities, male, female, unique, special, personal space,</p>

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Stage	What Pupils Should Learn	Curriculum	Vocabulary
<p>Primary 1 <i>There are no sexual references in the content of these lessons</i></p>	<p><i>I recognise that we have similarities but are all unique I am aware of my growing body and I am learning the correct names for its different parts and how they work.</i></p> <p><i>I am able to show an awareness of the tasks required to look after a baby.</i></p> <p><i>I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships</i></p>	<p>HWB 0-47 a</p> <p>HWB 0-47b</p> <p>HWB 0-48a</p> <p>HWB 0-44a</p>	<p>Changes, grow, life cycle, unique parts of body same as others and parts which are different – hair, eyes, skin, height, head, legs, feet, chest, stomach, elbow, knee, arms, hands</p> <p>keeping healthy – eating, sleeping, exercise, keeping clean, brushing teeth</p> <p>hand washing</p> <p>Right to be cared for, families, care, different types, respect differences, people who help and care for us (teachers, police, friends)</p>

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Nursery 1	Nursery 2	Primary 1	Primary 2	Primary 3	Primary 4	Primary 5	Primary 6	Primary 7
0-50a Living and Growing	0-44b Friendship and my worries	0-47b My Body	1-50a Where living things come from	1-44b My worries and friendship	1-47b Growing body	2-48a Puberty and hygiene	2-49a Keeping myself safe	2-47a Body Changes
0-51a Looking after my body	0-45a People who care for us	0-48a Looking after my body	1-51a Caring for a baby	1-45a People who care for us	1-48a Looking after my body		2-44b Positive relationships	2-50a Life begins Birth
0-49a Body respect	0-45b Respecting my space	0-44a Forming Friendships	1-49a Body respect	1-45b Respecting personal space	1-44a Forming friendships		2-51a Role of a parent	2-44a Friendship types
		0-47a Similarities and differences			1-47a Similarities and differences		2-45b Respecting boundaries	
							2-45a Changing relationships and their impact	