

PRIMARY SCHOOL MENU 2019/20



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Beef burger & vegetable sticks with coleslaw (v) option on request	Macaroni cheese (v)	Chicken curry & rice	NEW American style hot dog	NEW Fish bites & chips
OPTION 2	Tomato pasta with garlic bread (v)	Homemade pizza & potato wedges (v)	Soup & half cheese toastie with coleslaw (v)	Filled baked potato with tuna mayo cheese & coleslaw fillings also available (v)	Cowboy beans & potato waffles (v)*
Veggies	vegetable sticks, salad and seasonal vegetable	broccoli, salad and seasonal vegetable	sweetcorn, salad and seasonal vegetable	vegetable batons, salad and seasonal vegetable	peas, salad and seasonal vegetable
Snack 2 Go	Sandwich + drink + sweet treat Chicken/Tuna/Cheese	Sandwich + drink + sweet treat Egg Mayonnaise/Tuna/Cheese	Sandwich + drink + sweet treat Chicken/Tuna/Cheese	Sandwich + drink + sweet treat Chicken/Tuna/Cheese	Sandwich + drink + sweet treat Egg mayo/Tuna/Cheese
SOUP or SWEET TREAT	Tomato Soup (v) Homemade sponge cake	Lentil Soup (v) Fruity Tuesday	Seasonal Vegetable Soup (v) Home baking	Potato and Leek (v) Fruity Cookie	Lentil Soup (v) Jelly and fruit Friday

Water and milk is available with all meals.

All dishes are served with a minimum of two portions of seasonal vegetables.

18th Nov, 9th Dec, 6th Jan, 27th Jan, 17th Feb, 9th March, 30th March, 20th April, 11th May, 1st June, 22nd June, 10th Aug, 31st Aug, 21st September

* Quorn sausage & baked beans.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Turkey burger & seasoned diced potatoes	Chicken curry & rice	Pasta bolognese	Mince & tatties	Fish & chips
OPTION 2	Creamy pasta with garlic bread (v)	NEW Cheese wheels (v)	NEW Dippers with a warm wrap & crunchy salad (v)*	Homemade pizza (v)	Homemade sausage roll & mashed potato (v)*
Veggies	sliced peppers, salad and seasonal vegetable	sweetcorn, salad and seasonal vegetable	cherry tomatoes, salad and seasonal vegetable	carrot, salad and seasonal vegetable	beans, salad and seasonal vegetable
Snack 2 Go	Sandwich + drink+ sweet treat Chicken/Tuna/Cheese	Sandwich + drink+ sweet treat Egg Mayo/Tuna/Cheese	Sandwich + drink+ sweet treat Chicken/Tuna/Cheese	Sandwich + drink+ sweet treat Chicken/Tuna/Cheese	Sandwich + drink+ sweet treat Egg Mayo/Tuna/Cheese
SOUP or SWEET TREAT	Potato & Leek Soup (v) Homemade sponge cake	Lentil Soup (v) Fruity Tuesday	Seasonal Vegetable Soup (v) Home baking	Tomato (v) Fruity Cookie	Lentil (v) Jelly and fruit Friday

Water and milk is available with all meals.

All dishes are served with a minimum of two portions of seasonal vegetables.

25th Nov, 16th Dec, 13th Jan, 3rd Feb, 24th Feb, 16th March, 27th April, 18th May, 8th June, 17th Aug, 7th Sept, 28th Sept

* Quorn

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chicken Curry & Rice	Fish fingers & mashed potato**	Beef Burger & seasoned diced potatoes (v) option on request	Steak pie & mashed potatoes	Fish & chips
OPTION 2	Baked Potato with vegetable curry Cheese and Coleslaw fillings also available (v)	Homemade Pizza (v)	Macaroni cheese (v)	NEW Scrambled Eggs & Toast Beans are also an option (v)	NEW Nuggets & Chips (v)
Veggies	sweetcorn, salad and seasonal vegetable	beans, salad and seasonal vegetable	raw vegetable sticks, salad and seasonal vegetable	green beans, salad and seasonal vegetable	peas, salad and seasonal vegetable
Snack 2 Go	Sandwich + drink+ sweet treat Chicken/Tuna/Cheese	Sandwich + drink+ sweet treat Egg Mayo/Tuna/Cheese	Sandwich + drink+ sweet treat Chicken/Tuna/Cheese	Sandwich + drink+ sweet treat Chicken/Tuna/Cheese	Sandwich + drink+ sweet treat Egg Mayo/Tuna/Cheese
SOUP or SWEET TREAT	Carrot Soup (v) Homemade sponge cake	Lentil Soup (v) Fruity Tuesday	Minestrone Soup (v) Home baking	Seasonal Vegetable Soup (v) Fruity cookie	Lentil Soup (v) Jelly & Fruit Friday

Water and milk is available with all meals. All dishes are served with a minimum of two portions of seasonal vegetables.

2nd Dec, 20th Jan, 10th Feb, 2nd March, 23rd March, 4th May, 25th May, 15th June, 24th Aug, 14th Sept, 5th Oct

**Fish fingers are salmon

- ✓ Our focus for this menu is to promote health using high quality ingredients and reducing our environmental impact.
- ✓ We are reducing the amount of single use plastic in our school meal service.
- ✓ All of our meat is sourced in the UK and meets a minimum of one the following accreditations of QMS, Red Tractor or RSPCA assured.
- ✓ All of our fish comes from MSC approved, sustainable sources
- ✓ Why not check out what fresh produce is in season at your school lunch today?



2 Courses £2.10

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