



Let's talk about STAMMERING



Stammering (also called stuttering) is a natural part of diversity. It's how some people talk. Around 8% of children stammer and between 1-3% of adults.

Ed Sheeran, Emily Blunt, Samuel L Jackson and Kelly Brown (Scottish Rugby) all stammer. Follow your dreams!

IT'S NOT MY FAULT THAT I STAMMER

I CAN'T CONTROL WHEN IT'S GOING TO HAPPEN

If you don't stammer, you may not know what to do or how to react when someone does.

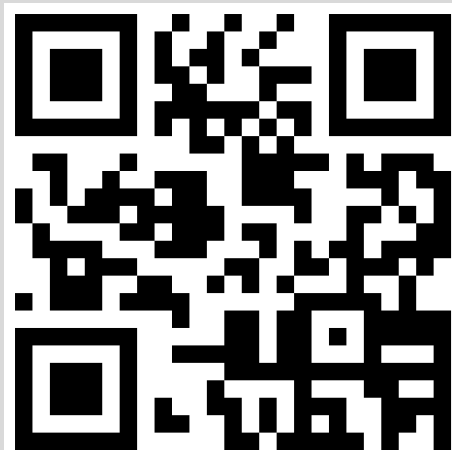
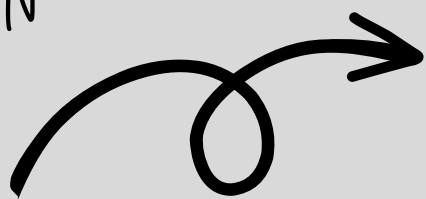
Bullying of any kind is unacceptable.

PLEASE DON'T INTERRUPT ME

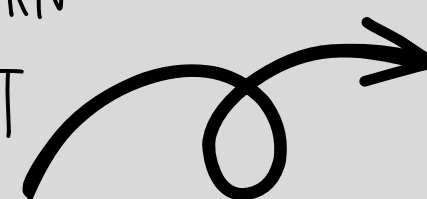
YOU NEED TO GIVE ME TIME

LISTEN TO WHAT I'M SAYING

SCAN TO LEARN MORE ABOUT STAMMERING



SCAN TO LEARN MORE ABOUT BULLYING



#ItsOkToStammer #ItsHowWeTalk #stammering

THE QUOTES ON THIS POSTER WERE DEVELOPED WITH YOUNG PEOPLE WHO STAMMER

For support regarding stammering contact sltenquiry@lanarkshire.scot.nhs.uk 01698 687606

