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Date: 17.08.23



Education and Families
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Dear Parent/Carer

Future Fridays

The Cardinal Newman HS Future Fridays programme is returning this Friday 18th August with a wide range of fun and exciting activities on offer for our young people. The aim of the programme is to enhance the curriculum offering and benefit our young people from S1-6. The programme will provide pupils with a safe environment to participate in additional opportunities to improve academic achievement, promote physical and mental well-being, and engage with future career and work-related activities such as apprenticeships and college courses.

Last session we had over 450 pupils attend one of our clubs throughout the year and we are excited to continue to grow and develop our programme to provide the best possible experience for our young people on a Friday afternoon. Please see below some of the activities which will be on offer for the first block which will run from Friday 18th August to Friday 13th October:

- Arts & Crafts
- World Languages
- Netball
- Football
- Fitness
- Badminton
- Movie Club
- College Courses
- Dance
- Youth Club
- ICT Gaming
- Supported Study
- Dungeons & Dragons
- Social Enterprise
- IT & Tech Apprenticeship Training
- Pet Therapy (starts 25/08/2023)
- Cooking (starts 08/09/2023)

As you can see, there is a wide variety of activities for our pupils. We are encouraging all young people to come along and join us on a Friday to get involved in our new programme. Our clubs are led by our fantastic senior pupils, coaches and teachers who are ready to get our new programme started this week.

We provide regular updates on our Future Fridays notice board that is situated within the PE department and would encourage all pupils to check this on a weekly basis to stay up to date with the latest information. We will also be providing a monthly update via email and text to keep you informed with the latest information. We also have a Future Fridays Twitter page where we post important information and share pictures of our pupils in action on a Friday afternoon. **Please follow our page - @CNHSFutureFri**

Our Future Friday afternoons **start at 13:20 and finish at 14:55**. Any pupils who normally get the school bus home and require assistance to get home, please come and see Mr. McAteer and we can put an arrangement



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in place. Pupils who are attending a club should report to the theatre on Friday at 13:20 to register before they go to their chosen club. This will allow pupils time to eat lunch beforehand when the bell goes at 12:30.

If any pupil has any questions or would like to enquire about Future Fridays, please see Mr. McAteer in the P.E Department.

Thank you for your support.

Yours sincerely

A handwritten signature in black ink, appearing to read 'McAteer', with a stylized, cursive script.

Mr. McAteer
PT Future Fridays