

Surviving Secondary School

Top Tips!

Be Prepared

Look at your timetable and make sure you know where to go and when.

Be Organised

Make sure you have the right books and equipment with you for each lesson.

Be Enthusiastic

Teachers won't expect you to get every answer right, but they will be impressed if you try your best and 'have a go' at learning new things.

Be Resilient

Sometimes things won't go your way. This is normal and happens to everyone, so don't worry. Just say to yourself, *'tomorrow's another day!'*

Be Brave

It might seem hard to make new friends, but everyone is feeling the same way. Say hello!

Be Kind

If someone else seems to be having a hard time, try to help. This is a good way to make friends and hopefully they will return the favour.

Be Yourself

Believe in yourself!
You can do it!

Be Honest

If you do something wrong or forget something, it's much better to own up straight away.

