



CARDINAL NEWMAN HIGH SCHOOL WEEKLY PRAYER BOOK



Each prayer/reflection should be said by the class teacher or a pupil first period each day.

Monday 31st August.

Introduction

To some people, the name Helen Keller doesn't mean a great deal. To others, Helen Keller is a role model. Helen became deaf and blind very early in her life but by the age of 6 she had learned to speak. Slowly, with the help of others, she transformed what was a negative in her life, culminating in her graduating with an honours degree from Radcliffe College in Cambridge, Massachusetts.

Reflection

Helen said: "We differ, blind and seeing, one from another-not in our senses, but in the use we make of them, in the imagination and courage with which we seek wisdom beyond our senses...."

What can I do to help those who have difficulties feel accepted?

Can I remember not to judge people by their appearance?

Prayer.

Lord, we pray that we may live in such a way that we value all that is good in our lives and never take anyone or anything for granted.

School Prayer

*Lord, I thank you for bringing me to another day.
May I live it for You,
Through you,
With You and in you. Amen*

Blessed John Henry Newman, Pray for Us.

+ Sign of the Cross

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Tuesday 1st September – World Day of Prayer for the Care of Creation.



Scripture Reading

“Yahweh God took the man and put him in the Garden of Eden to cultivate it and to care for it.”
(Genesis 2:15)

Reflection

Pope Francis has declared the 1st September 2015, World Day of Prayer for the Care of Creation. He said "As Christians we wish to contribute to resolving the ecological crisis which humanity is presently experiencing. In doing so, we must first rediscover our own deepest motivations for our concern for the care of creation."

What can I do to care for creation?

Can I live more simply and not waste what I am given?

Prayer.

Forgive us Lord, for the damage we have done to the Earth. Forgive us that we have too often valued making money over the things that you have made so well. Help us work towards the Kingdom of God where creation is honoured. We ask this through Christ Our Lord. Amen

School Prayer

*Lord, I thank you for bringing me to another day.
May I live it for You,
Through you,
With You and in you. Amen*

*Blessed John Henry Newman, **Pray for Us.***

+ Sign of the Cross

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Wednesday 2nd September



Scripture Reading

John the Baptist showed up in the desert and told everyone, “Turn back to God and be baptized! Then your sins will be forgiven” From all Judea and Jerusalem crowds of people went to John. They told him how sorry they were for their sins, and he baptized them in the Jordan River. John also told the people, “Someone more powerful is going to follow me. And I am not good enough even to stoop down and untie his sandals. I baptize you with holy water, but he will baptize you with the Holy Spirit.”

Reflection

When we pray we listen to God’s word and we share with God our thoughts, hopes and fears. But prayer is more than just words. It must come from the heart.

What are the deepest thoughts and prayers that I have?

What can I do to turn back to God?

Prayer.

*Praying the prayer that Jesus taught us, that is prayed by all Christians, we say.
Our Father....*

School Prayer

*Lord, I thank you for bringing me to another day.
May I live it for You,
Through you,
With You and in you. Amen*

*Blessed John Henry Newman, **Pray for Us.**
+ Sign of the Cross*

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Thursday 3rd September.- Feast of St Gregory the Great



Quote

“The proof of love is in the works. Where love exists, it works great things. When love ceases to act, it ceases to exist” (St Gregory the Great)

Reflection

Today we remember Saint Gregory the Great. He was elected Pope in the year 590. He changed the prayers so that all the people could understand them. He opened a school for choir members and musicians and it is from this that we get the music called the Gregorian chant.

Prayer.

Loving God, you give us this new school year and new friends with whom to share it. Bless all who pray, and work, and learn together. We ask this through our Christ our Lord.

School Prayer

*Lord, I thank you for bringing me to another day.
May I live it for You,
Through you,
With You and in you. Amen*

St Gregory the Great, **Pray for Us.**

Blessed John Henry Newman, **Pray for Us.**

+ Sign of the Cross

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Friday 4th September.

Scripture Passage

Jesus left the meeting place with James and John. They went home with Simon and Andrew. When they got there, Jesus was told that Simon's mother-in-law was sick in bed with fever. Jesus went to her. He took hold of her hand and helped her up. The fever left her and she served them a meal. That evening after sunset, all who were sick or had demons in them were brought to Jesus. In fact, the whole town gathered around the door of the house and Jesus healed all kinds of terrible diseases. (Mk1:29-34)

Reflection

Many people need our help and we give our help whenever we can. But there are others, all over the world, who need greater help than we can give. Each day we will remember them in our prayers.

When we ask God to bless someone, we call it an intention or a petition.

Take a few moments to offer up a thought, a prayer, to someone who needs God's help.

Prayer.

Praying the prayer that Jesus taught.

Our Father....

School Prayer

Lord, I thank you for bringing me to another day.

May I live it for You,

Through you,

With You and in you. Amen

Blessed John Henry Newman, Pray for Us.

+ Sign of the Cross