



CARDINAL NEWMAN HIGH SCHOOL WEEKLY PRAYER BOOK



Each prayer/reflection should be said by the class teacher or a pupil first period each day.

Let us consider our first week back at school, what things do we need to work on? What can we do differently this week?

Monday 24th August.

Scripture passage

“My peace I leave with you; my peace I give to you. Not as the World gives do I give it to you. Do not let your hearts be troubled or afraid”. (John 14:27)

Reflection

Peace is an action, an attitude, and most of all, a gift from Jesus. The Ten Commandments, the Beatitudes and the life of Jesus help us know what to do to live in God’s peace and in the peace of one another. Worry and fear can intrude on our lives and prevent us from knowing God’s peace. It helps to remember each day to entrust ourselves to God’s protection and care.

What situations in my life are causing me to feel fearful or worried?

What can I do to open myself up more fully to the person of Christ?

Prayer.

Jesus, you bring Your peace into our lives. Watch over me and guide me with Your spirit. Help me to know the peace of Your presence.

School Prayer

*Lord, I thank you for bringing me to another day.
May I live it for You,
Through you,
With You and in you. Amen*

*Blessed John Henry Newman, Pray for Us.
+ Sign of the Cross*

CARDINAL NEWMAN HIGH SCHOOL WEEKLY PRAYER BOOK



Tuesday 25th August.

Scripture Reading

“Jesus says ‘I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in Me will never die. Do you believe this?’” (John 11:25-26)

Reflection

“Do you believe this?” is a question which is also put to us. Do we believe it in our hearts of hearts? Yes! Do we believe that God’s power can bring new life out of the most difficult experiences in our lives? Yes!

What in me is longing for new life?

How can I be more open to God’s power in my life?

Prayer.

Life-giving God, help me to trust your power in my life that I might experience the life you have promised.

School Prayer

Lord, I thank you for bringing me to another day.

May I live it for You,

Through you,

With You and in you. Amen

*Blessed John Henry Newman, **Pray for Us.***

+ Sign of the Cross

CARDINAL NEWMAN HIGH SCHOOL WEEKLY PRAYER BOOK

Wednesday 26th August

Scripture Reading

“If you know Me, then you will also know My Father”. (John 14:7)



Reflection

It is often difficult to trust someone whom we don't know very well. We are blessed not to have this problem when it comes to trusting God. Jesus reveals to us who God is. He teaches us that God is our loving Father who created us and loves us. When we trust someone, we can talk freely and rely on their advice. The same is true of God. Through prayer we are brought close to God who helps us to understand ourselves. Praying to God helps us to have a trusting heart.

What am I doing to get to know Jesus better?

What does it mean to know that I can place my trust in God?

Prayer.

Praying the prayer that Jesus taught us that is prayed by all Christians we say. Our Father....

School Prayer

Lord, I thank you for bringing me to another day.

May I live it for You,

Through you,

With You and in you. Amen

*Blessed John Henry Newman, **Pray for Us.***

+ Sign of the Cross

CARDINAL NEWMAN HIGH SCHOOL WEEKLY PRAYER BOOK



Thursday 27th August.

Reading

“To live is to change, and to be perfect is to have changed often” (Cardinal Newman)

Reflection

We pray for our community of Cardinal Newman High School. May God guide us and ensure that we always live by the example of faith and devotion shown to us by our patron. May the Gospel values continue to flourish in this ever-changing community of faith and learning.

Prayer for the Canonisation of Blessed John Henry Cardinal Newman.

God our father, you granted to your servant Blessed John Henry Newman, wonderful gifts of nature and of grace, that he should be a spiritual light in the darkness of this world, an eloquent herald of the Gospel, and a devoted servant of the one Church of Christ.

With confidence in his heavenly intercession we make the following request (pause)

For his insight into the mysteries of the kingdom, his zealous defence of the teachings of the Church, and his priestly love for each of your children, we pray that he may soon be numbered among the Saints.

We ask this through our Lord Jesus Christ. Amen.

Blessed John Henry Newman, Pray for Us.

+ Sign of the Cross

CARDINAL NEWMAN HIGH SCHOOL WEEKLY PRAYER BOOK



Friday 10th October.

Passage

“To Make Common Cause with the People” (Cardinal Newman)

Reflection

Last Friday was the feast of Pope Pius the X. He lived in great poverty and preached sermons every Sunday in the courtyards of the Vatican, to any that would listen. In his simplicity and goodness of heart he performed miracles, even when he was alive.

Even though most of us would no doubt admit that we cannot perform miracles, we could probably follow the example of Pope Pius and do something simple for someone which could make a huge difference to their life.

What could you do this weekend to show your goodness of heart to someone?

Prayer.

Praying the prayer that Jesus taught us that is prayed by all Christians we say. Our Father....

School Prayer

Lord, I thank you for bringing me to another day.

May I live it for You,

Through you,

With You and in you. Amen

Pope St Pius X, Pray for US

*Blessed John Henry Newman, **Pray for Us.***

+ Sign of the Cross