

Fed up catching colds?



We need your help

**Do you have a child
under 7 years of age?**



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- The average child gets **12 colds a year** and the symptoms can last two weeks or more. There is no cure!
- The University Hospital Wishaw is doing a study to see if using salt water nose drops help children with colds get better more quickly and less likely to pass on the cold to others.
- You can sign up at any time to take part during your child's next cold!
- To take part you can discuss with the study team by phone, video call or in-person to sign up.

**If you'd like to find out more go to:
www.elviskids.co.uk
or contact the ELVIS Kids study
nurse on 07976320284.**

Families completing the study will receive a £30 voucher and reasonable travel expenses to compensate for any inconvenience.

