

Skills
Development
Scotland



My
World of
Work



Results Helpline 2025 **partner comms toolkit**

Supporting learners with their SQA results

#SQAresults #NoWrongPath

Introduction

Almost 150,000 learners across Scotland will receive their SQA results on Tuesday 5 August 2025.

Once again, Skills Development Scotland's (SDS) Results Helpline will be there to offer information, advice and guidance to Scotland's young people and their parents and carers.

The SDS Results Helpline number is 0808 100 8000.

The full opening times are:

- Tuesday 5 and Wednesday 6 August, 8am to 8pm
- Thursday 7 and Friday 8 August, 9am to 5pm.

SDS's expert advisers will be at the end of the phone to help young people and their parents and carers. They will have access to information on course vacancies at colleges and universities, Confirmation and Clearing, Foundation, Modern and Graduate Apprenticeships, jobs, volunteering, or staying on at school.

There's also lots of support over on Scotland's career website, [My World of Work](#) and from our advisers through our network of SDS centres and community venues across the country.

How you can help

Young people and their parents and carers may need help to understand their choices. We'd like to ask all partners with a shared interest in supporting Scotland's learners to help spread the word about the range of SDS support available throughout the year, and when results are confirmed on Tuesday 5 August.

Some ideas to help spread the word include:

- posting a blog or news item on your website
- sharing details of the support available on your social media channels
- updating your website to include details of the support available
- pointing learners, and their parents and carers, to SDS's support through your e-newsletters or emails.

If you have any questions, or need any further information, please contact marcomms@sds.co.uk

Suggested news piece for your website, newsletter or email

Received your SQA results and need some support? Your career service is here to help

Whatever your results, you have options.

Skills Development Scotland (SDS) delivers Scotland's career service. SDS provide support to learners, and their parents and carers, at what can be an uncertain time.

Help on results day

The SDS Results Helpline number is 0808 100 8000.

This helpline goes live at 8am on results day, Tuesday 5 August until 5pm, Friday 8 August 2025.

You can talk to SDS's expert careers advisers about course vacancies at colleges and universities, Confirmation and Clearing, and get advice about Foundation, Modern, and Graduate Apprenticeships, jobs, volunteering, or staying on at school.

SDS careers advisers are at the end of the phone to help young people and their parents and carers.

There's also lots of results support on Scotland's career website, [My World of Work](#) – it's packed with advice, information and resources.

If you would prefer to speak to someone in person, you can visit an SDS centre or community venue to talk to a careers adviser about your results and next steps.

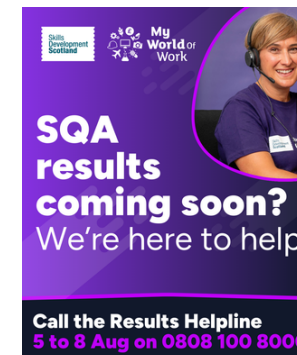
No appointment is necessary. Find out what's close to you at skillsdevelopmentscotland.co.uk/contact-us

BSL users

BSL users can use Contact Scotland BSL for support to speak to an adviser. You can use their app to sign with an interpreter who will make the phone call for you. Visit contactscotland-bsl.org

Suggested social media posts and assets

- Whatever your results, expert careers advisers can help you explore your options. Call the SDS Results Helpline on 0808 100 8000. myworldofwork.co.uk #SQAresults
- #SQAresults? Your career service is here to help - contact SDS for advice and guidance. They're on the phone, in SDS centres, and on My World of Work
- Results not what you expected? Help is available. Call the SDS Results Helpline on 0808 100 8000. myworldofwork.co.uk #SQAresults
- Parents and carers! Worried about your young person's #SQAresults? SDS is there for you on the phone, in SDS centres, and there's help online at My World of Work
- Want to speak to an expert in person about your #SQAresults? Find your nearest SDS centre or community venue at skillsdevelopmentscotland.co.uk/contact-us
- BSL users can get in touch with SDS's Results Helpline through a Contact Scotland BSL interpreter. More details at contactscotland-bsl.org #SQAresults



Additional information for your website

Career advice and guidance

Skills Development Scotland (SDS) is the national skills body, and it delivers Scotland's career service.

SDS's expert careers advisers are available in every state secondary school in Scotland, in SDS centres and community venues in every local authority in Scotland, on a freephone helpline, and online.

Online

Scotland's career website [My World of Work](#) is packed with career information and advice.

Option choices? Career planning? Supporting someone else's career choices? My World of Work has it all covered.

Visit [My World of Work](#)

Over the phone

SDS's expert careers advisers are available on the phone. The free SDS helpline is open Monday to Friday, 9am to 5pm, on 0800 917 8000.

BSL users

BSL users can use Contact Scotland BSL for support in speaking to a careers adviser. You can use their app to sign with an interpreter who will make the phone call for you. Visit [contactscotland-bsl.org](#)

Help for parents and carers

SDS have lots of resources to help you. Find out about the jobs in greatest demand in Scotland, the routes in, and handling career conversations with your young person at the times that matter most at [myworldofwork.co.uk/parents-and-carers](#)

Find out more

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myworldofwork.co.uk



skillsdevelopmentscotland.co.uk/contact-us