

Kirklands HQ
Fallside Road
Bothwell
G71 8BB

05-Oct-2020

Dear parent

NHS Lanarkshire's test and protect team is carrying out contact tracing after individuals at **Cumbernauld Academy** tested positive for Covid-19. They are currently self-isolating at home.

NHS Lanarkshire is working closely with North Lanarkshire Council with regards to the case and is contacting close contacts. Public health advice is being given to these individuals and they are being told to self-isolate.

Following the findings of a review, there is no evidence currently to suggest that there is transmission in the school. The risk to the wider school community has currently been assessed as low and the school will remain open.

The Scottish Government has rescinded previous restrictions for all household members of identified close contacts to self-isolate for 14 days.

Therefore only those individuals identified as close contacts need to self-isolate and not all their household members.

The aim of self-isolation is to reduce the transmission of coronavirus infection and reduce the number of people who become ill and save lives.

We are aware that there will be concern for children, their parents/carers and staff at this time, however, I want to reassure you that a full risk assessment has been carried out by NHS Lanarkshire public health and North Lanarkshire Council (NLC). NLC has put in place all the recommended infection prevention and control measures and has a thorough cleaning programme for the building.

Noting the increased infection rates in Lanarkshire, it is important to bear in mind that mixing socially in the community without maintaining physical distancing measures helps the virus to spread widely. It is therefore important that people remain vigilant and follow physical distancing guidance. Pupils and staff should wash their hands thoroughly and regularly using soap and water for 20 seconds.

Individuals who experience any Covid-19 symptoms such as a cough, fever or loss of taste or smell, even if they are mild, should stay off school or work and get tested. Information on how to access testing is available from NHS Inform at:

<https://www.nhsinform.scot/illnesses-and-conditions/infections-andpoisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-testing>

If you have any questions about coronavirus please visit www.nhsinform.scot in the first instance or call the helpline on 0800 028 2816.

To respect and maintain patient confidentiality no further details will be released at this time.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'D Cromie', is positioned above the printed name.

Dr David Cromie
Consultant in Public Health Medicine
NHS Lanarkshire