

Kirklands HQ  
Fallside Road  
Bothwell  
G71 8BB

Wednesday 29 September 2020

Dear parent/carer/staff member,

NHS Lanarkshire's test and protect team is carrying out contact tracing after people at Cumbernauld Academy tested positive for Covid-19. They are currently self-isolating at home.

NHS Lanarkshire is working closely with North Lanarkshire Council with regards to the case and is contacting close contacts. Public health advice is being given to these individuals and they are being told to self-isolate.

Due to the new Scottish Government restrictions, the household members of children and staff who are required to self-isolate at home are also required to self-isolate for 14 days – if they are residents of North or South Lanarkshire, or of one of the five Greater Glasgow and Clyde local authorities with restrictions. Further information about the restrictions is available at the following link:  
<https://www.gov.scot/news/localised-restrictions-extended-to-lanarkshire/>

It is recognised that households will find these restrictions very challenging, however, the aim of the restrictions is to reduce the transmission of coronavirus infection, reduce the number of people who become ill and save lives.

We are aware that there will be concern for children, their parents/carers and staff at this time, however, I want to reassure you that a full risk assessment has been carried out by NHS Lanarkshire public health and North Lanarkshire Council has put in place all the recommended infection prevention and control measures and has a thorough cleaning programme for the school building.

We are aware that there will be concern for children, their parents/carers and staff at this time, however, I want to reassure you that a full risk assessment has been carried out by NHS Lanarkshire public health and North Lanarkshire Council has put in place all the recommended infection prevention and control measures and has a thorough cleaning programme for the building.

Noting the increased infection rates in Lanarkshire, it is important to bear in mind that mixing socially in the community without maintaining physical distancing measures helps the virus to spread widely. It is therefore important that people remain vigilant

and follow physical distancing guidance. Pupils and staff should wash their hands thoroughly and regularly using soap and water for 20 seconds.

Individuals who experience any Covid-19 symptoms such as a cough, fever or loss of taste or smell, even if they are mild, should stay off school or work and get tested. Information on how to access testing is available from NHS Inform at:

<https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-testing>

If you have any questions about coronavirus please visit [www.nhsinform.scot](http://www.nhsinform.scot) in the first instance or call the helpline on 0800 028 2816.

To respect and maintain patient confidentiality no further details will be released at this time.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'David Cromie'.

**David Cromie**  
**Public Health Medicine Consultant**  
**NHS Lanarkshire**