



Exploring the Seasons of Grief

Seasons for Growth® is an education program which explores the impact of change and loss on everyday life, and helps people learn new ways to respond

This group is open to parents and carers who may have experienced bereavement, loss and any significant changes including separation.

Information Session

Monday 21st January

9.30—10:30am

Orbiston Business Centre

If you would like to attend or would like to find out more about this course you can complete the slip below and return it to the school or contact Louise McLean (CLD Worker Schools). Tel 01698 274 666.

I would Like to find out more about Seasons for Growth

Name : _____

Contact Number: _____