



## MORE INFORMATION

### **British Dyslexia Association (BDA)**

Support, advice, and resources for individuals, parents, and educators.

<https://www.bdadyslexia.org.uk/>

### **Nessy**

Online learning platform with games and tools for children with dyslexia.

<https://www.nessy.com/uk/>

### **Dyslexia Action**

Offers assessments, tuition, and professional development courses.

<https://dyslexiaaction.org.uk/>

### **Helen Arkell Dyslexia Charity**

Provides assessments, tutoring, and family support for people with dyslexia.

<https://www.helenarkell.org.uk/>

### **Made By Dyslexia**

A global charity with strong UK ties, focusing on strengths-based awareness and resources.

<https://www.madebydyslexia.org/>



## FAMOUS PEOPLE WITH DYSLEXIA

### **Famous People with Dyslexia**

#### **Tom Holland – Actor (Spider-Man)**

He found reading tough as a kid, but now he plays a superhero!

#### **Emma Watson – Actor (Hermione in Harry Potter)**

She worked hard at school and became a star in books and movies!

#### **Richard Branson – Businessman (Founder of Virgin Group)**

He struggled in school but built his own company and travels the world.

#### **Whoopi Goldberg – Actor and TV host**

She says being different made her special. Now she's won big awards!

#### **Lewis Hamilton – Formula 1 Racing Champion**

He had trouble in school but became one of the fastest racers ever!

#### **Steven Spielberg – Movie Director**

He tells amazing stories on screen, even though reading was tough.

# SPRINGSIDE PRIMARY DYSLEXIA GUIDE

For parents and carers  
of children who are  
Dyslexic.





## WHAT IS DYSLEXIA?

Dyslexia is a specific learning difficulty which may present as a person finding it difficult to learn to read, write and process information.

Dyslexia can occur in families – it is very common for a parent and siblings to be Dyslexic too!

Dyslexia is a life-long condition. It cannot be cured but people with Dyslexia can be given strategies to deal with the challenges it brings.

Every person with Dyslexia will have a different range of strengths and difficulties.

## WHAT DOES DYSLEXIA LOOK LIKE?

Some people with Dyslexia find the following things challenging:

- Difficulty identifying words that rhyme
- Difficulty sequencing numbers and memorising number facts such as times tables
- Being able to write letters and numbers with the correct orientation and muddling up letters like b and d.
- Short term memory retention e.g. remembering where they left their pencil!
- Tying shoelaces
- Muddling up left and right
- Struggling to remember the name of people or objects, even common everyday words
- Poor handwriting

The list is unique for every Dyslexic person!

## WHAT CAN HELP?

### • Knowledge is power!

Learning about Dyslexia can give a person confidence. It helps them to understand why they face certain difficulties.



### • Using different fonts

Using Dyslexia Friendly fonts can make reading easier.



### • Extra Time

Some people with Dyslexia benefit from having extra time to complete written work or to answer a question.



### • Changing Backgrounds

Using different coloured backgrounds and fonts can help. White writing on a black background is useful when using a screen. Photocopying work on to yellow paper can also help.

