

# MORE INFORMATION

#### British Dyslexia Association (BDA)

Support, advice, and resources for individuals, parents, and educators.

<a href="https://www.bdadyslexia.org.uk/">https://www.bdadyslexia.org.uk/</a>

#### Nessy

Online learning platform with games and tools for children with dyslexia.

https://www.nessy.com/uk/

#### **Dyslexia Action**

Offers assessments, tuition, and professional development courses.

<a href="https://dyslexiaaction.org.uk/">https://dyslexiaaction.org.uk/</a>

#### Helen Arkell Dyslexia Charity

Provides assessments, tutoring, and family support for people with dyslexia.

<a href="https://www.helenarkell.org.uk/">https://www.helenarkell.org.uk/</a>

#### Made By Dyslexia

A global charity with strong UK ties, focusing on strengths-based awareness and resources.

<a href="https://www.madebydyslexia.org/">https://www.madebydyslexia.org/</a>



# FAMOUS PEOPLE WITH DYSLEXIA

## Famous People with Dyslexia

#### Tom Holland - Actor (Spider-Man)

He found reading tough as a kid, but now he plays a superhero!

# Emma Watson – Actor (Hermione in Harry Potter)

She worked hard at school and became a star in books and movies!

# Richard Branson – Businessman (Founder of Virgin Group)

He struggled in school but built his own company and travels the world.

#### Whoopi Goldberg - Actor and TV host

She says being different made her special.

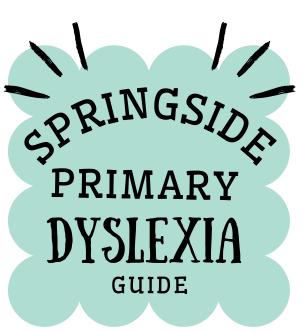
Now she's won big awards!

# Lewis Hamilton – Formula 1 Racing Champion

He had trouble in school but became one of the fastest racers ever!

#### Steven Spielberg – Movie Director

He tells amazing stories on screen, even though reading was tough.



For parents and carers of children who are Dyslexic.





# WHAT IS DYSLEXIA?

Dyslexia is a specific learning difficulty which may present as a person finding it difficult to learn to read, write and process information.

Dyslexia can occur in families – it is very common for a parent and siblings to be Dyslexic too!

Dyslexia is a life-long condition. It cannot be cured but people with Dyslexia can be given strategies to deal with the challenges it brings.

Every person with Dyslexia will have a different range of strengths and difficulties.

# WHAT DOES DYSLEXIA LOOK LIKE?

Some people with Dyslexia find the following things challenging:

- Difficulty identifying words that rhyme
- Difficulty sequencing numbers and memorising number facts such as times tables
- Being able to write letters and numbers with the correct orientation and muddling up letters like b and d.
- Short term memory retention e.g. remembering where they left their pencil!
- Tying shoelaces
- Muddling up left and right
- Struggling to remember the name of people or objects, even common everyday words
- Poor handwriting

The list is unique for every Dyslexic person!

### WHAT CAN HELP?

## • Knowledge is power!



Learning about Dyslexia can give a person confidence. It helps them to understand why the face certain difficulties.

## • Using different fonts



Using Dyslexia Friendly fonts can make reading easier.

#### Extra Time



Some people with Dyslexia benefit from having extra time to complete written work or to answer a question.

### Changing Backgrounds

Using different coloured backgrounds and fonts can help. White writing on a black background is useful when using a screen. Photocopying work on to yellow paper can also help.

