

.....

## Session 2: Reading (pages 10–17)

### Before Reading

Children discuss their diaries and compare them with the diary on page 9.

### During Reading

Children consider the main question as they read to page 17.

Main question: **What has been included to help make the text easier to understand? (Y3 t1, Information Retrieval)**

### *Additional prompts*

- Pages 10–11: Why have the arrows been used?
- Page 12: Why is Alan Oliveira 'a runner with a difference'?
- Page 13: How do the labels help you?
- Page 15: Which key things should be recorded in a training diary?

### After Reading

Discuss the main question and ensure that children can identify how the layout features help them understand the text.

**Follow-up:** before Session 3, children read pages 18–23 and make lists of the things they would like and dislike doing. They use the glossary to find definitions of words in bold.

.....