

## **Session 1: Reading (pages 2–7)**

### **Before Reading**

Look at the cover and the contents – what do children know about the Olympics and Paralympics and what would they like to find out?

### **During Reading**

Children consider the main question as they read to page 7.

Main question: **What are the main messages about becoming an athlete? (Y3 t1, Literal Comprehension)**

#### *Additional prompts*

Pages 2–3: Which words and phrases have been used to show how difficult it is to become an Olympic athlete?

Page 3: What will this book help you to do?

Page 6: How long does it take to train for the Olympics?

Page 7: What could you do if you want to try a sport?

### **After Reading**

Discuss the main question; drawing out children's ideas about how easy it would be to be an Olympic athlete and which activities all children could try.

**Follow-up:** children read pages 8–9 and write their own diary for one day.