



North Ayrshire Council  
Comhairle Siorrachd Àir a Tuath

# Supporting Transition into Primary 1

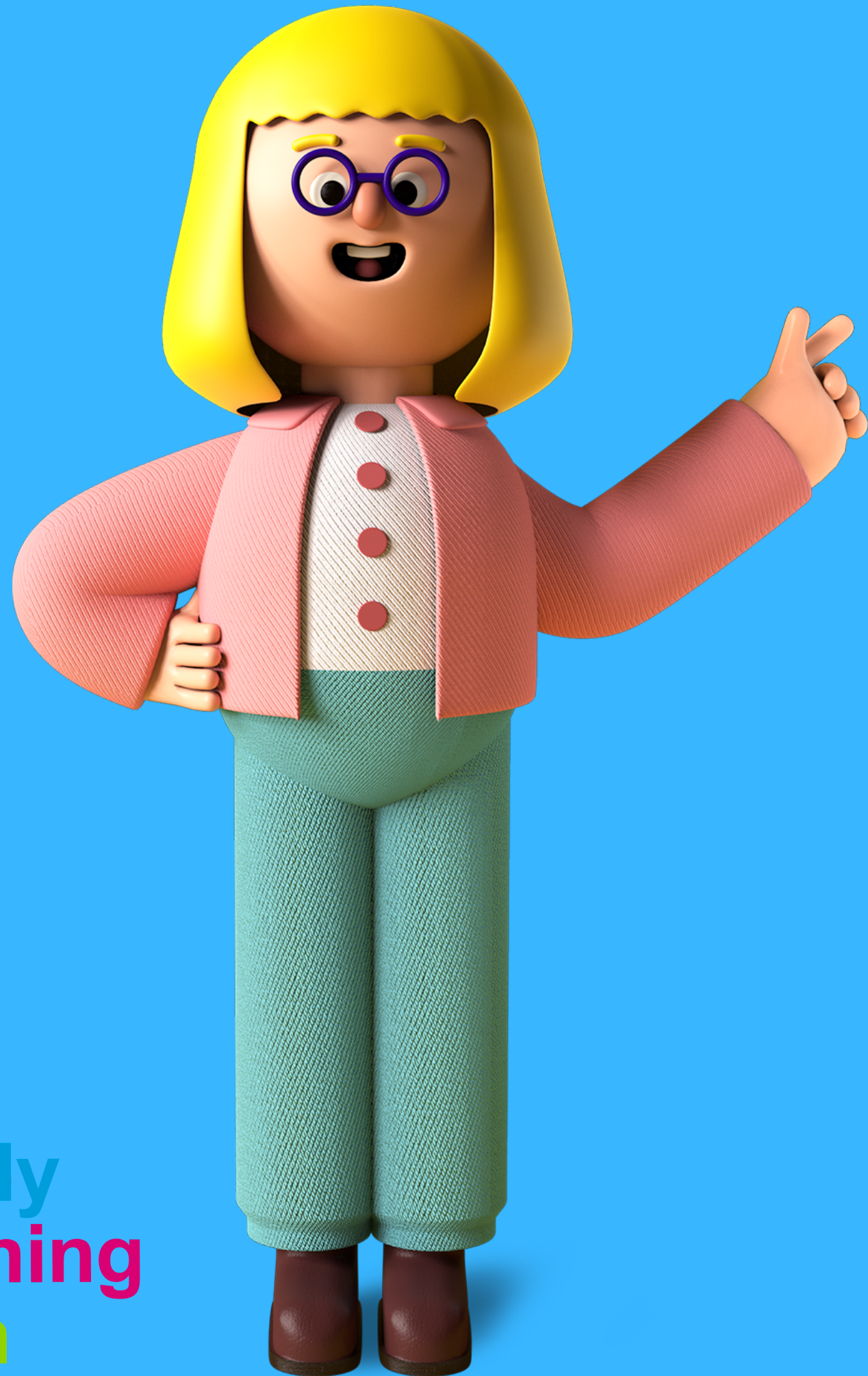


Family  
Learning  
Team





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# During the session

Confidentiality

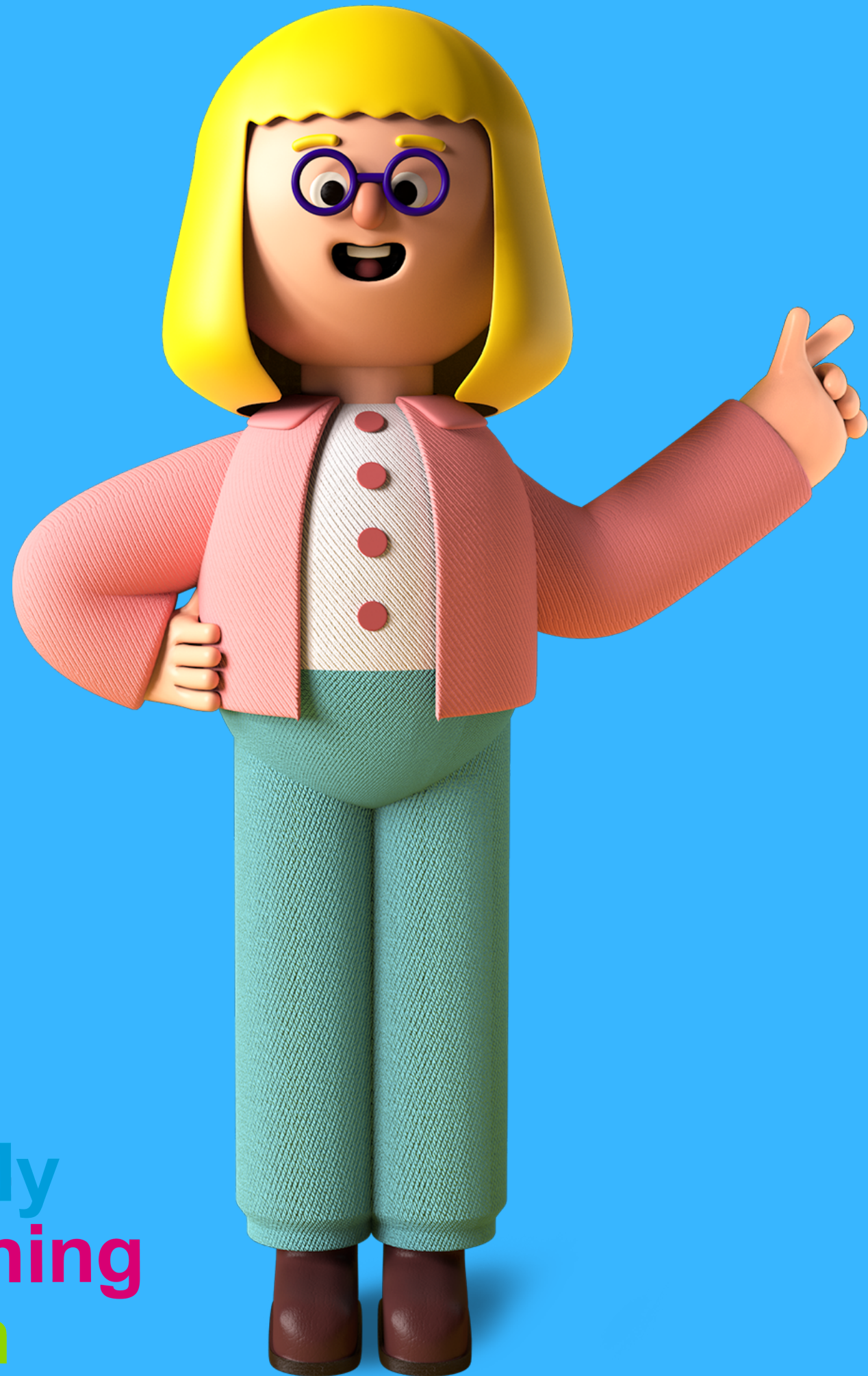
Distractions from  
home

Utilise chat function





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# Welcome

Who are the Family Learning Team

What the FLT offer

Transition  
Curriculum  
Health and wellbeing  
Adult learning  
1:1 support for learning





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# Purpose

Build a network  
between parents

Provide information  
to support transition  
into Primary 1





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## Your questions answered

Homework

Gym

Cursive writing





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# Healthy packed lunches and snacks



Parents often wonder how much food to send into school for their child. A common concern is that their children will be hungry. Children, most likely, will eat it all!

**Snack-** small piece of fruit, cereal bar or a packets of crisps/popcorn

**School lunches-** No cost and a good variety.

**Packed lunch-** Water/juice, Sandwich, fruit (fresh or dried), small treat (biscuit), Cheese (babybell size)





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# Eatwell plate



## Phunky foods

<https://www.phunkyfoods.co.uk/parent/strive-for-5-parents-information/>

## Eat a rainbow

## Strive for 5





# Hidden sugars

The recommended daily maximum of sugar for children aged four to six is **5 teaspoons** or **19g**.





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# Get ready for reading and rhyming

The importance of Rhyming

Developing a love of reading

Supporting comprehension skills  
(understanding)





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# Environmental print

Recognising environmental print -

Shop signs

Car badges

Chain restaurant

Supermarket logos

Food labels





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# Rhyming

**Listening to and joining in rhymes**

Enjoy revisiting transitional nursery rhymes

**Generating rhyme**

Support your child to generate rhyme

**Word families**

Sat, cat, mat, pat





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# Activities for home learning

## Singing Nursery Rhymes

- Support your child to become familiar with rhymes

## Change the rhyme

- Hickory dickory dock, the mouse has lost his \*\*\*\*
- Hickory Dickory do, the mouse cant find his \*\*\*\*

## Rhyming hunt around the house

- Find an object and think of words that rhyme
- Hat- cat, sat and mat.
- Tap- cap, lap and nap.
- Chair- hair, stair, pear and so on.

## Reading rhyming stories

- Reading books that encourage rhyming such as Julia Donaldson
- Stop at the rhyming word and ask your child to generate the rhyming word.





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# Develop a love of reading

**Enjoy reading a story again and again**  
Fosters a love of reading in children through reading/retelling stories.

**Handling books**  
Explore the front cover to **predict** the story  
Read the **blurb** to learn about the book  
Count the words in the title  
Count the letter in the tite  
Find the author's name

**Improve thinking and talking skills**  
Extend thinking/talking skills by holding longer conversations with your child. Look for new and interesting words.





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# Comprehension (understanding)

## Pictures

Talk about the illustrations to help your child gain a better understanding of the story.

## Retelling

Encourage discussion around retelling the beginning, middle and end.

## Connect with the story

Does the story or characters remind you of other stories, something that has happened to them or can they think of something that they would do differently.

## Creating

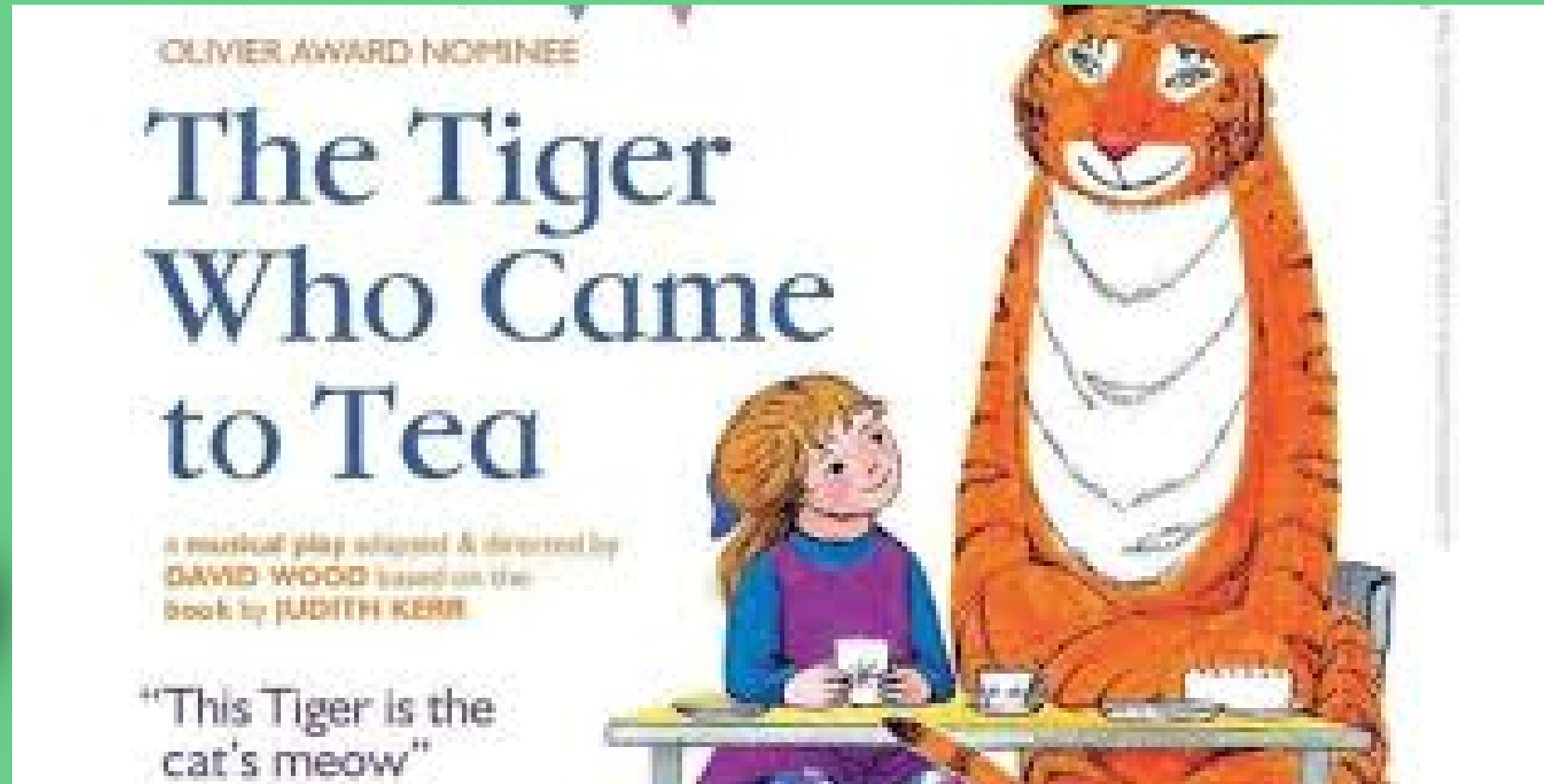
Help your child to develop their creative thinking. Can you change the ending, add in a new character etc





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# I see, I think, I wonder





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# Online resources

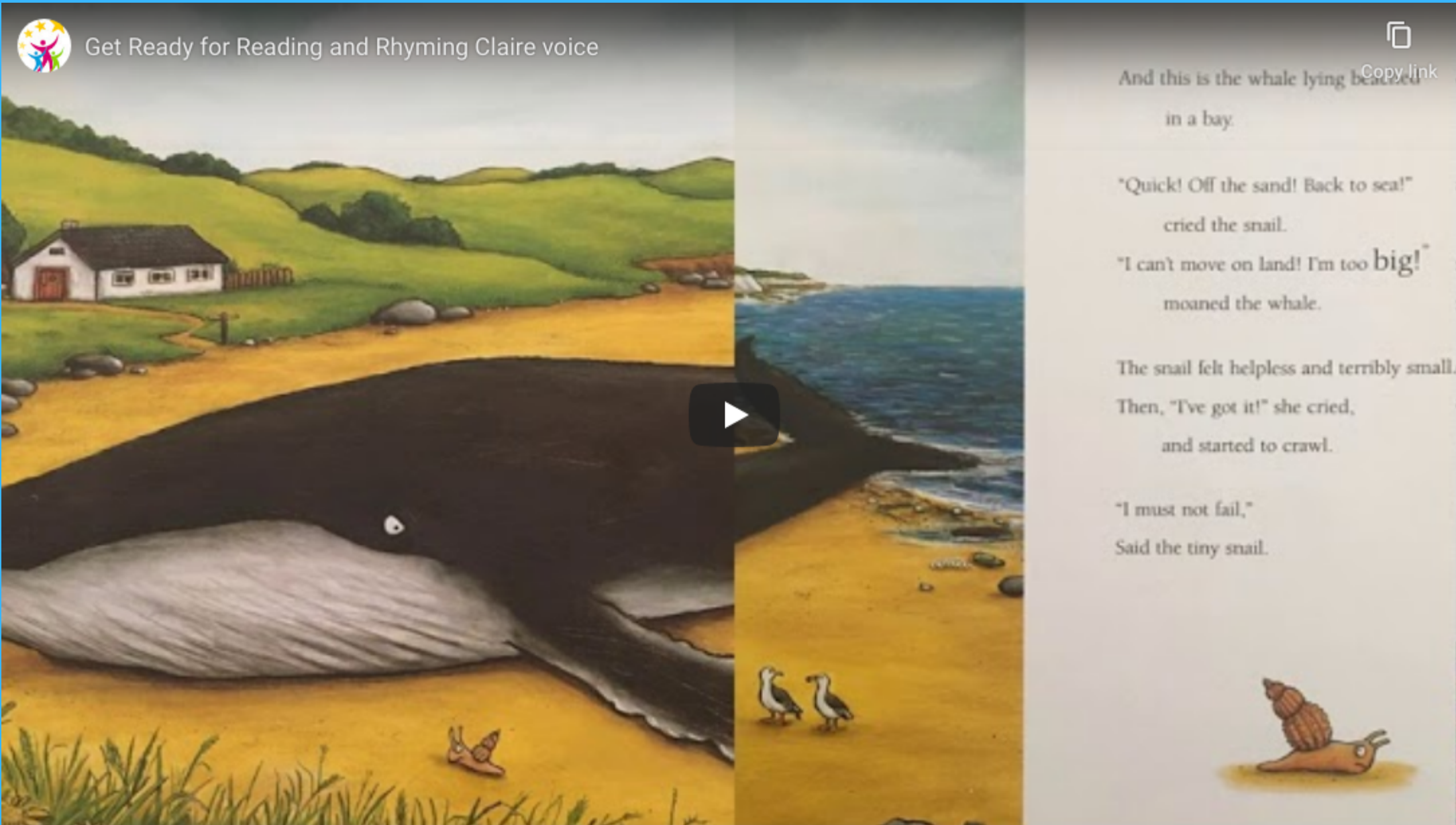
[www.nacfamilylearning.weebly.com](https://www.nacfamilylearning.weebly.com)







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# Online resources

[www.nacfamilylearning.weebly.com/onlinetransition](http://www.nacfamilylearning.weebly.com/onlinetransition)



# Any questions?

We appreciate your feedback.

<https://bit.ly/337W0nN>