

You wouldn't force  
Someone to have a



SO WHY FORCE  
them into having  
**SEX**



**Consent** is NOT  
a one time thing



Don't be a  
Bystander



Believe &  
be a **VOICE** for your friends

How does  
it **LOOK**  
from your  
**PERSPECTIVE**

**SEXIST**  
REMARKS  
CHALLENGE  
THEM!

10,000  women sexually  
**ABUSED**  
every week

Sometimes  STRANGERS  
are easier to talk  
TO **ADULT**  
TRUSTED

Her friends  
wish they had



**SO** IT can **HAPPEN**  
to anyone

Violence  
against  
Women



**SPEAK**  
About  
it

Domestic Violence  
is caused by someone  
who has **POWER**  
AND IS MISUSING IT!



Friendship  
is **Important**  
  
**LOVE** shouldn't hurt

# EXPECT RESPECT

Gender Based Violence  
& Young People



## VAW

Violence Against Women  
North Ayrshire Partnership



Illustrations by: [www.listenthinkdraw.co.uk](http://www.listenthinkdraw.co.uk)

### Break the Silence

[www.breakthesilence.org.uk](http://www.breakthesilence.org.uk)  
01563 559558

### Childline

0800 1111  
[www.childline.org.uk](http://www.childline.org.uk)

**Karma Nirvana** (supporting victims of honour-based abuse & forced marriage)

[www.karmanirvana.org.uk](http://www.karmanirvana.org.uk)

### Men's Advice Line

0808 801 0327 (Mon-Fri 9am-5pm)

### Muslim & BME Women search AMINA

0808 801 0301 (Mon-Fri 9am-5pm)

### National LGBT & Domestic Abuse Helpline

0800 999 5428

### NSPCC

0808 800 5000

### Papyrus Prevention of Young Suicide Helpline UK

0800 068 4141

### Rape Crisis Scotland

0808 801 0302 (daily 6pm-12am)

### Samaritans

116 123 (24hr)

### Scotland Domestic Abuse and Forced Marriage Helpline

0800 027 1234 (24hr)

### Women's Aid Freephone

24hr National Helpline

0808 2000 247

### Young Minds

(Mental Health Support Service)

If you need urgent help text

YM to 85258

### Young Scot

[www.youngscot.org](http://www.youngscot.org)

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