

NORTH AYRSHIRE

SCHOOL MENU 2023/24

# PRiMaRY

SEASONAL VEGETABLES  
AND SALAD AVAILABLE DAILY.

## WEEK ONE

21/08/2023, 11/09/2023, 02/10/2023, 23/10/2023, 13/11/2023, 04/12/2023, 15/01/2024, 05/02/2024, 26/02/2024, 18/03/2024, 29/04/2024, 20/05/2024, 10/06/2024, 01/07/2024, 22/07/2024, 12/08/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Lentil soup	Vegetable soup	Lentil soup	Potato and leek soup	Lentil soup
<b>Main 1</b>	Pork sausages, creamy mashed potatoes	Tomato pasta with crusty bread	Mince, creamy mashed potatoes	Chicken goujons, potato wedges, dip	Fish & chips
<b>Main 2</b>	Sweet chilli chicken noodles	Quorn dipper wrap, potato wedges	Chicken curry & rice	Beefburger roll, potato wedges	BBQ chicken pizza
<b>Main 3</b>	Baked potato & tuna	Beans on toast	Tuna pasta	Cajun pasta with crusty bread	Baked potato & baked beans
<b>Sandwiches</b>	Chicken roll, Tuna mayonnaise sandwich	Cheese sandwich, Egg mayonnaise sandwich	Turkey sandwich, Tuna mayonnaise roll	Cheese sandwich, Egg mayonnaise sandwich	Chicken sandwich, Cheese sandwich
<b>Puddings</b>	Fruit platter, yogurt	Fruit platter, sponge & custard, yogurt	Fruit platter, yogurt	Fruit platter, cookie, yogurt	Fruit platter, yogurt

## WEEK TWO

28/08/2023, 18/09/2023, 09/10/2023, 30/10/2023, 20/11/2023, 11/12/2023, 22/01/2024, 12/02/2024, 04/03/2024, 25/03/2024, 15/04/2024, 06/05/2024, 27/05/2024, 17/06/2024, 08/07/2024, 29/07/2024, 19/08/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Lentil soup	Vegetable soup	Lentil soup	Chicken and rice soup	Lentil soup
<b>Main 1</b>	Meatballs in fresh tomato sauce with spaghetti	Macaroni cheese, garlic bread	Roast chicken, yorkshire pudding, creamy mashed potato	BBQ chicken burger with wedges	Fish & chips
<b>Main 2</b>	Chicken fajitas, herb potatoes	Vegetable curry, rice	Pork sausages, creamy mashed potatoes	Pasta bolognese, crusty bread	Cheese pizza
<b>Main 3</b>	Fish finger bun	Baked potato & baked beans	Tuna pasta	Baked potato & cheese	Beans on toast
<b>Sandwiches</b>	Roll & chicken, Tuna mayonnaise sandwich	Cheese toastie, Egg mayonnaise sandwich	Turkey sandwich, Tuna mayonnaise roll	Cheese sandwich, Egg mayonnaise sandwich	Chicken sandwich, Cheese sandwich
<b>Puddings</b>	Fruit platter, yogurt	Fruit platter, chocolate sponge & custard, yogurt	Fruit platter, yogurt	Fruit platter, fruit jelly, yogurt	Fruit platter, yogurt

## WEEK THREE

04/09/2023, 25/09/2023, 06/11/2023, 27/11/2023, 18/12/2023, 08/01/2024, 29/01/2024, 19/02/2024, 11/03/2024, 22/04/2024, 13/05/2024, 03/06/2024, 24/06/2024, 15/07/2024, 05/08/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Lentil soup	Vegetable soup	Lentil soup	Vegetable soup	Lentil soup
<b>Main 1</b>	Macaroni cheese, garlic bread	Pizza, potato wedges	Steak pie, roast potatoes	Chicken curry & rice	Fish & chips
<b>Main 2</b>	Sausage casserole, creamy mashed potato	Quorn burger, potato wedges	Quorn dippers, dip, herb potatoes	Beef chilli nachos	Salmon goujons, chips
<b>Main 3</b>	Baked potato & tuna mayo	Beans on toast	Turkey sandwich	Tuna mayonnaise sandwich	Quorn hot dog
<b>Sandwiches</b>	Roll & chicken, Tuna mayonnaise roll	Cheese sandwich, Egg mayonnaise sandwich	Tuna mayonnaise wrap	Cheese roll	Chicken sandwich, Egg mayonnaise
<b>Puddings</b>	Fruit platter, homemade shortbread biscuit, yogurt	Fruit platter, yogurt	Fruit platter, yogurt	Fruit platter, sponge & custard, yogurt	Fruit platter, yogurt

All meals are freshly prepared using local, seasonal ingredients.

Fresh fruit & vegetables will be in accordance with seasonal availability.

Menu choice can be adapted to suit special dietary requirements, please contact your child's school.