

Mental Health Discussion Dinner



Date: Tuesday 7th February

Time: 5:30pm - 7:00pm

Where: Irvine Royal Academy in the Dining Hall

An evening of Information from different Mental Health Services and support that are available in and around the area for various needs, age ranges and genders. You will have the opportunity to walk around different stations to find out information and ask any questions that you may have.

Hot meal will be provided as well as hot drinks by the lovely Barista team.



To book, please fill in the form by clicking this link or scanning the QR code:

bit.ly/IrvineMHDD

