



## Supervised Toothbrushing Programme

From Monday 3<sup>rd</sup> October, children from P1 to P3 will recommence toothbrushing as part of their daily routine within Loudoun-Montgomery.

Children will be provided with their own toothbrush and will brush their teeth with fluoride toothpaste once every day while they are in school. Children will be supervised by staff to do this. All toothbrushes will be stored in a rack to keep clean and will be replaced every three months (or sooner if needed).

It is important that children brush their teeth twice a day as part of a good dental health routine. This will help to improve your child's dental health by teaching them to brush their teeth and look after their mouths. The programme does not replace toothbrushing at home so it is important that you still encourage this too.

Thank you.

