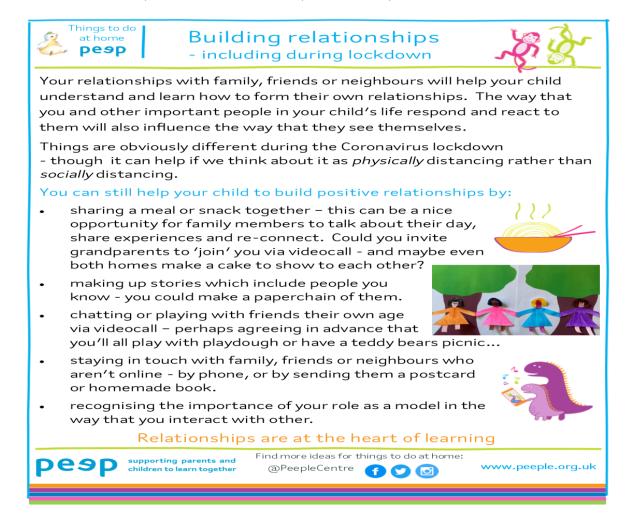


Dear Parents/Carers,

We hope you and all your families are all well. Below are some useful websites and fun ideas to help keep your children active during this short period of isolation. We would love to see photos etc of children during this time, all photos and videos can be emailed to gw18macarylisa@ea.n-ayrshire.sch.uk. Not all activities will suit the needs of every child therefore; they can be adapted to suit.





Food!

• Can you cut your toast into 4 pieces? Can you cut it into triangles?

• Setting the table. Counting the right number of plates etc. How many more do we need?

• Can you make shapes/ patterns out of the knives and forks. Can you put them in the right place in the drawers?

• Helping with the cooking by measuring and counting ingredients. Also peeling and chopping, under supervision.

- Setting the timer.
- Positional language at dinner time: what is on/under the table/plate? Who is sitting beside, in front of?

Pretend Play: Play shops:

- Looking at price tags
- Use tins etc from your cupboard.
- Give your child lead roles.
- Counting items into your bag
- Finding and counting coins.
- Comparing weights which is heavier

Make playdough:

Here's a simple recipe:

2 cups of plain flour

- 1 cup of water
- 1 tea spoon cooking oil

food colouring and essences (optional)

Put all ingredients into a large bowl and mix together to get the right consistency. (Please note you may need to add more flour.) Then

- Make numerals and shapes
- Sort shapes into groups, or order by size
- Make long and short wiggly snakes.





<u>Measuring</u>

- Are you taller than a ...?
- Marking height on the wall.
- Cut hand shapes out of paper. How many hands long is the couch? How long is the table? Which is longer?
- Who has the biggest hands in our family?
- <u>Internet maths games:</u>
- <u>www.mathszone.co.uk</u>
- <u>http://www.bbc.co.uk/bitesize/ks1/maths/</u>
- http://www.familylearning.org.uk/online_math_games.ht
- <u>www.sesamestreet.org</u>
- themathsfactor.com
- (Carol Vorderman.)



Frozen Eggs

A great experiment to demonstrate the process of freezing and melting.

You need: * flowers from the garden. * empty egg shells.

- * water.
- * freezer.





Push a few flowers into the hole in the egg. Add water and freeze. Easier if you place eggs in an egg box to freeze.

Once frozen, remove the egg shells to reveal your beautiful eggs!

Houses and Homes. Activities and Games. <u>https://www.twinkl.co.uk</u>

Let us Keep Fit: Tiny the T-Rex | A Cosmic Kids Yoga Adventure!



Cosmic Kids Yoga. Available on You Tube



Reading together: Read a story everyday:

Children all enjoy a story and to hear their favourite story over and over again. With repetition it allows for children to re-tell the story and recall information and events within the story.

Children could create their own story book and read it to you.

Sing Together: rhymes and songs:

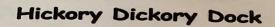
Rhyming at home can have many benefits and here are just a few:

. Studies have shown that children who hear rhyme and enjoy rhyme tend to speak more easily.

. A child who knows four nursery rhymes by the time they are four will naturally be a better reader at eight years old.

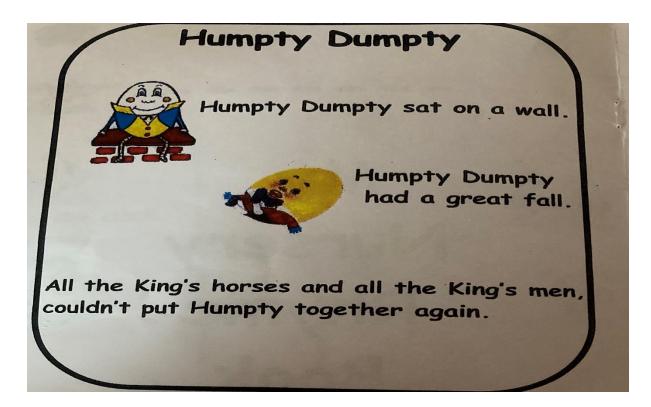
- . It assists in children's social skills.
- . A familiar voice singing to children can have a calming effect on a child.
- . It develops skills to communicate properly.
- . Will enhance vocabulary.
- . Promotes eye-contact and assists in non-verbal communication.

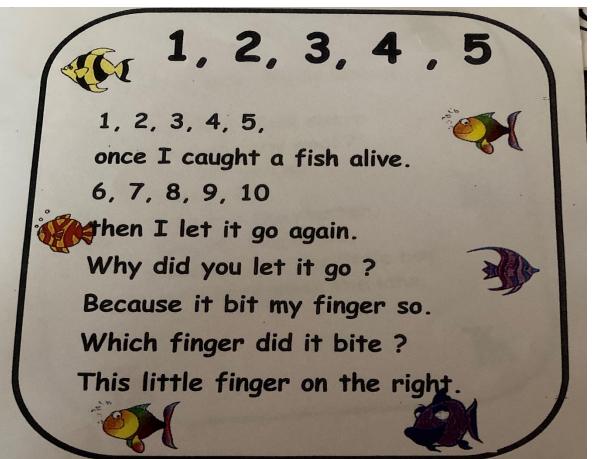
. Most importantly it gives children a love of language and helps them become confident learners. (Sing lots of familiar rhymes together, and make up your own silly rhymes.) Your children have been enjoying rhyme time in the nursery below are some familiar rhymes your children have been singing:

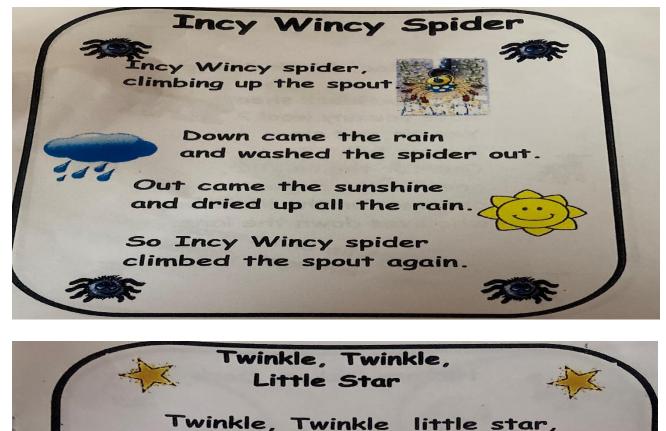


Hickory dickory dock. The mouse ran up the clock. The clock struck one, the mouse ran down. Hickory dickory dock.









how I wonder what you are. Up above the world so high, like a diamond in the sky.

Twinkle, Twinkle little star, how I wonder what you are.

Your child can teach you lots more or try this website which has the words and sings it for you:

http://www.nurseryrhymes4u.com/NURSERY_RHYMES/COUNTING.html

Here is one of the childrens favourites:



I Had a Little Turtle

I had a little Turtle, His name was Tiny Tim. I put him in the bathtub, To see if he could swim.

He drank up all the water And ate a bar of soap. And now he's in his bed, With bubbles in his throat.

Bubble, Bubble, Bubble, Bubble, Bubble, Bubble, Bubble, Bubble, Bubble Bubble, PoP!

Please remember we are here to help you. Take care and see you soon.



every day may not be good, but there is something good in every day -author unkno

If there is anything else, you need support with, please feel free to contact us.

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Remember we are here to help. Please stay safe and take care. Sending love from all at Loudoun.

