

# Loudoun-Montgomery Home Learning Activities

## First Level

Dear Parents/Guardians

We hope you enjoy the Loudoun-Montgomery home learning pack. Feedback from families was that you would like a further paper pack to complement the weekly emailed class activities and the online learning resources on the school website. We have designed this pack so that the grids are easy to pick and choose from.

There is one grid for each week, full of a range of activities to try. Please feel free to do what is manageable over the remaining six weeks. Everything you need, as mentioned in the weekly grids, is included in this pack.

Kind regards,

All at Loudoun-Montgomery



First level pack includes;

- Handwriting/spelling practice worksheets (please select the booklet which you feel is most appropriate for your child)
- Garden Yoga Poster for weeks 1, 3 and 5.
- Snakes and ladders board game required for family task week 5 (beginning 15.6.20)
- 100+ indoor activities for more ideas
- Week 3 - 1.6.20 - Number Mats worksheet
  - Rainbow Healthy Eating worksheet
  - Punctuation worksheet
- Week 4 - 8.6.20 - Place Value worksheet
- Week 5 - 15.6.20 - Sentence worksheet
- Week 6 - 22.6.20 - Kitchen counting problems worksheet



# Loudoun-Montgomery Weekly Home Learning Activities - First Level Week Beginning 18.5.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

## Literacy Activities

Write an acrostic poem for the word POSITIVE to remind everyone to stay positive at this time!



Read one of your favourite books to someone in your house, or one of your teddies.



Make 3, 4 or 5 letter words using only the letters from the phrase

LEARNING AT HOME

Can you get more than 10 words?

Create a new game you can play at home (it could be a board game, card game or physical game). Write down the rules and play it with your family.



## Family Activity



Pick a movie the whole family can watch together. Make a poster for the movie and tickets for entry. Get everyone to prepare something to eat as you watch together. Get everyone involved and then watch and enjoy your cinema experience. You could even give or write a review of the movie the next day.



## Numeracy Activities

Create a Rap for a times table of your choice. Perform this to your family.



Write down different ways to make these numbers;

26 15 16 30 42

You can use + - x ÷

During your daily outdoor exercise count how many rainbows and teddy bears you can see in the windows.

Challenge: Multiply your number by 2, 3, 5, and 10.

Catalogue Clipping

Set yourself a budget (or ask a parent to set you one) and cut out items from catalogues or newspapers that you could buy within that budget.

## Health and Wellbeing Activities

Go on a secret mission to do something nice for someone.



Imagine you are Joe Wicks. You should try to create a simple workout to help keep your family fit.



Create a feel-good rainbow from toys and objects you have in your home. Think about what colours you will need.



Garden Yoga

(see the attached sheet)





# Loudoun-Montgomery Weekly Home Learning Activities - First Level Week Beginning 25.5.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

## Literacy Activities

Build a reading fort. Make it a comfortable, cosy and relaxing place to read. Spend 15-20 minutes reading in it.



Write about something you have done this week and draw a picture. Remember to use punctuation and interesting words in your writing.

Create an Informative Poster about a minibeast or animal that you have seen outdoors. Draw a picture and write 4 facts you know about your minibeast or animal.

Look through the TV guide or movie box. Choose a movie or program and write a review of it for your family.



## Family Activity



Make a drawing of a face of someone in the family using a writing pencil. Make sure you get all the details correct, for example, their features. Make a family picture by placing them all together and you have a family portrait drawn by you all in 2020.



## Numeracy Activities

Target number: 89

12 6 7 3 4 2

Try to get as close to the target number as you can. Each number can only be used once. You can use + - x ÷

Skip Counting

Count forwards and backwards in 1s, 2s, 5s, 10s or 100s. Be active - do Star Jumps as you count.



Find 5 2D and 5 3D shapes around your house or garden.

Draw them in your jotter and record the number of faces, edges, sides and vertices (corners) each shape has.

Tens and Ones

Gather items in your house that you can sort into piles of tens and ones (sweets, stones, colouring pencils). Practise counting on and back in 10s and 1s using these items.

## Health and Wellbeing Activities

Build a den in your garden.



Help an adult plan and make a meal for the family. Discuss what new skills you have been learning?



Pay everyone in your house a compliment.



Chores Challenge

Write a list of 3 things you could do around the house to help out. Check them off as you complete them.



## Loudoun-Montgomery Weekly Home Learning Activities - First Level Week Beginning 1.6.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

### Literacy Activities

<b>Writing</b> Research the life of a famous person who inspires you. Create a mini biography all about them.	Create your own Alien. Give your Alien a name. Can you write down adjectives that would describe your Alien? For instance, think about the Aliens colour, its shape and its personality.	If you could have one superpower, what would it be and why? Draw a picture and write an explanation. 	Punctuation worksheet <b>(see attached worksheet)</b> Please select 1 of the 2 provided which you feel is most appropriate.
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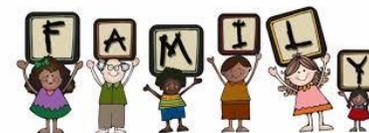
### Numeracy Activities

<b>Combinations of 100</b> With an adult take turns to choose a number under 100. The other person calls the number needed to make 100.	Using a ruler or a tape measure, measure and write down the height of a book, a table, a cuddly toy, a spoon and a chair leg. Remember to use centimetres or metres. Is there anything you can measure outside?	<b>Get surveying!</b> Create your own questionnaire and gather data about your family/friends' favourite meals/snacks/drinks. You could present your data in a graph.	<b>Number Mats</b> <b>(see attached worksheet)</b> Choose any number from 0-100 and create a number mat.
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### Health and Wellbeing Activities

Make up a dance to a song of your choice. You could perform it to your family. 	<b>Garden Yoga</b> (see the attached sheet) 	We should be trying to eat a rainbow of fruit and veggies. Think of all their different colours of, how many can you match to each colour in the rainbow. Draw them in the attached <b>Eating Healthy Rainbow worksheet</b> .	Chat to a family member about what you would like to be when leave school? Discuss what skills you will need. Draw a picture of yourself in this job and write skills and abilities around it that you would like to develop.
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### Family Activity



Work together as a family to create some 'musical instruments'. Think about the instruments we have in school, for example the drums, shakers, bells etc. Try to play along to some of your favourite tunes or play 'name that tune'.





# Loudoun-Montgomery Weekly Home Learning Activities - First Level Week Beginning 8.6.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

## Literacy Activities

### Alphabet Hunt

Can you find something in your house that starts with a different letter of the alphabet? If you find lots of things that begin with the same letter you can put these in alphabetical order too.

### Alliteration

Can you think of an adjective, a describing word, with the same starting sound as the objects you have found in the house? For Instance, **c**lever **c**at or **d**izzy **d**og.

### Stop the Bus!

Pick any letter of the alphabet and write a list with a girls' name, a boys' name, a place, an animal, a colour all beginning with that letter.

Try playing against someone and see who gets their list completed 1<sup>st</sup>!

Design a robot that could help you around the house. Create a poster to encourage people to buy your robot.



## Family Activity



If you have pavement chalk, make a 'Hollywood Walk of Fame' on your path. Draw round each persons' hands and write their name. If you don't have any chalk, you can draw round hands and cut them out to create your own family hand collage.

## Numeracy Activities



Dice Roll game. Roll a dice and record the number and roll again. Multiply the two numbers together.

### Place Value

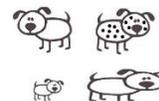
(See attached worksheet)

Challenge: Use your addition skills to add 2 or 3 numbers together.

Practise counting from any number in 2s, 5s, and 10s (within 100).

Challenge - can you count backwards in 2s, 5s and 10s from a given number (within 100)

### Which One Doesn't Belong?



Create your own 'Which One Doesn't Belong' for someone else?

## Health and Wellbeing Activities

Draw a picture of yourself and write all your skills and qualities around yourself.

All about me

Create your own obstacle course for PE this week!



Snuggle down somewhere, close your eyes and listen to all the sounds around you. What can you hear? The clink of coffee cups, snippets of conversation, sounds from nature? Get curious and feel the buzz of life around you.

Create a poster or leaflet which gives other children ideas of fun activities to keep them busy while schools are closed.

Remember to include headings, text and eye-catching graphics.





# Loudoun-Montgomery Weekly Home Learning Activities - First Level Week Beginning 15.6.20

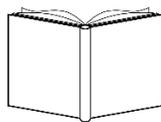
Feel free to complete as many activities as you wish - try to pick some from each colour.

## Literacy Activities

Read a book of your choice and create a book review summarising the story and how you found the book.



Design a new front cover for a book or comic you have read.



Writing Super Sentences worksheet

(see attached worksheet)

Please select from the sheets provided, which you feel is most appropriate.

### Theme Park

Using your toys create a theme park for you family to explore. Will you have the teddy bear enclosure, the LOL acrobat tent or the Hot Wheels Rollercoaster? Design an exciting and colourful poster to advertise your new park.

## Numeracy Activities

Create a game board for splat to practice times tables of your own choice. Write down the answers to the times table randomly across a sheet of paper. Get someone to call out the times table facts and try to find the answer. (Add more than one times table to make it more difficult).

Using the kitchen scales to weigh the ingredients. Record what you weigh and the amounts in your jotter. Remember to use the correct unit of measurements (e.g. grams and kilograms)

Help to add the totals for some of the items in the shopping. OR

Draw and label your own groceries with price tags. Practise doing a 'shop' by adding up totals of things you would like to buy.

### Theme Park

Decide how much it will cost to explore your new theme park. Talk to a family member to help you decide.

Work out how much you will have if you sell:  
2, 5 and 10 Tickets

## Health and Wellbeing Activities

Write your favourite colour, go to the exercise sheet and do the exercise that corresponds with the letters in your favourite colour.

Garden Yoga  
(see the attached sheet)



Call, text, or write a short note to someone to thank them for something they have done for you this year.



### Theme Park

Share your theme park with your family. Talk them through the attractions you have created in your room. What was their favourite attraction? Do they have any new ideas?

## Family Activity



Pick a board or group game to play. You could use one you have at home or use the **Snakes and Ladders** game provided. Adults can partner up with children or play individually. You might even wish to create some winner certificates or prize coupons.





# Loudoun-Montgomery Weekly Home Learning Activities - First Level Week Beginning 22.6.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

## Literacy Activities

Can you make these sentences more interesting? Remember to add adjectives.

The boy walked to the beach.  
The car drove down the street.

Read a book or comic of your choice. Write down any words you don't understand and search the meaning of your word on the internet or in a dictionary.

Look at a picture in a magazine/ book/ newspaper. Write down 3 - 5 sentences about it. Remember to use some adjectives (describing words) in your sentences.

Play an animal-themed game of 'Who Am I?' with a family member. Remember to use question words and only answer 'yes' or 'no'.

## Numeracy Activities

Roll a dice and write down the number, this will be the tens digit. Roll it again and this will be your ones digit e.g If I roll a 1 and a 6 it would make 16. Round to the nearest 10. How many numbers can you round in 5 minutes?

Write different ways to make these numbers:  
**13 47 19 36 23**  
You can use + - x ÷

Kitchen counting  
(see attached worksheet)



Tea bag darts.  
Sit a cup inside a large bowl and place on the floor. Take 4 steps away from the bowl.  
10 points for inside the cup  
5 points for inside the bowl.  
First to achieve 100 points wins.

## Health and Wellbeing Activities

Do each activity for 30secs

- Jog on the spot
- Star jumps
- Squats
- Plank
- Push ups
- Sit ups

Choose a letter or a number and try to recreate it using your body. Get a family member involved too! Can you work together to make them? Can they guess what you have made?

Celebrate!

Make a playlist of songs and have a family disco at home. Ensure everyone has the chance to choose their favourite song.

Can you write a letter giving advice to someone who is feeling lonely and missing their friends while schools are closed? You could include your own feelings, advice, positive solutions etc.

## Family Activity



Have a family quiz night. Each member of the family should create 5 questions to ask everyone else. You could make questions about yourself, music, TV, sport, general knowledge etc. Remember to keep scores, encourage each other and have fun. Think of a team name and you may wish to create certificates or prizes.

