

Loudoun-Montgomery Home Learning Activities

Early Level

Dear Parents/Guardians

We hope you enjoy the Loudoun-Montgomery home learning pack. Feedback from families was that you would like a further paper pack to complement the weekly emailed class activities and the online learning resources on the school website. We have designed this pack so that the grids are easy to pick and choose from.

There is one grid for each week, full of a range of activities to try. Please feel free to do what is manageable over the remaining six weeks. Everything you need, as mentioned in the weekly grids, is included in this pack.

Kind regards,

All at Loudoun-Montgomery



Early level pack includes;

- *Garden Yoga Poster* needed weeks 1, 3 and 5.
- *Snakes and ladders board game* required for family task week 5 (beginning 15.6.20)
- 100+ indoor activities for more ideas



Loudoun-Montgomery Weekly Home Learning Activities - Early Level Week Beginning 18.5.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

Literacy Activities

Read your favourite book and discuss why you like it.



Play eye spy with your family.



Use a squeeze bottle filled with water to practice forming letters on the path outside.

Look around your house, can you find 5 items that begin with s?



Numeracy Activities

Pick a number between 0-20 and bounce a ball that many times.



Missing Numbers

Complete :

6 _ 8 _ 10 _

9 _ 11 _ 13 _

Draw a clock on paper or outside using chalk. Can you show 3 o'clock?



Look for 2D shapes around your house.

Use tally marks to show how many of each you have found.

Health and Wellbeing Activities

Garden Yoga
(see the attached sheet)



Try and do 5 of each exercise

- Shuttle runs
- Jumping jacks
- Star jumps
- Bunny hops
- Squats

With someone in your house, each share a story about a time when you felt...

Happy



Sad



Roll a dice and do these

- Half turn jump
- Star jump
- Tuck jump
- One foot to the other
- Long jump
- Full turn

Family Activity



Pick a movie the whole family can watch together. Make a poster for the movie and tickets for entry. Get everyone to prepare something to eat as you watch together. Get everyone involved and then watch and enjoy your cinema experience. You could even give or write a review of the movie the next day.





Loudoun-Montgomery Weekly Home Learning Activities - Early Level Week Beginning 25.5.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

Literacy Activities

Look at the cover of a book. Can you predict what it is about?

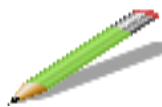


Can you add the correct punctuation to these sentences?

I like dogs

What is your name

Practice writing your first and second name.



Draw a new front cover for a book you like.



Numeracy Activities

Practice writing numbers 0-20. Check they are formed the correct way round.



Pick 2 numbers and add them together.

$$4 + 1 = 5$$

$$2 + 7 = 9$$

Have a look around your house for things that are symmetrical.



Use a 1 minute timer (on a mobile phone).

How many times can you bend down and touch the ground in 1 minute?

Health and Wellbeing Activities

Create a feel-good rainbow from toys and objects you have in your home. Think about all the colours you will have to find.



Play your favourite song and DANCE!



Quiet Time Activity. Spend five minutes doing a quiet task. For example, lie on you back and make a star shape with your arms and legs. Close your eyes and think of things which make you happy.

Build a den in your garden.



Family Activity



Make a drawing of a face of someone in the family using a writing pencil. Make sure you get all the details correct, for example, their features. Make a family picture by placing them all together and you have a family portrait drawn by you all in 2020.





Loudoun-Montgomery Weekly Home Learning Activities - Early Level Week Beginning 1.6.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

Literacy Activities

Practice writing the letters of the alphabet in the correct order.

abcdefghijklmnopqrstuvwxyz

Read a story and talk about your favourite character.



Look around the house for items beginning with

p

Complete the sentence.

Today I

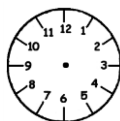
Numeracy Activities

What numbers come **after** each of these numbers?

3 6 8 10 12

16 18 19 20

Draw a clock face. Pick an o'clock time to show using the big and small clock hands.



Collect some sticks. Can you put them in size order, from smallest to biggest?



Make a game of pairs using numbers 0-10 or 0-20.

Ask someone at home to play.

Health and Wellbeing Activities

Garden Yoga
(see the attached sheet)



Give someone in your house one compliment a day.

(make them smile - and you may even get a compliment back)

Create your own obstacle course for PE this week!



How long can you run on the spot? What happens to your breathing - is it faster or slower?



Family Activity



Work together as a family to create some 'musical instruments'. Think about the instruments we have in school, for example the drums, shakers, bells etc. Try to play along to some of your favourite tunes or play 'name that tune'.





Loudoun-Montgomery Weekly Home Learning Activities - Early Level Week Beginning 8.6.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

Literacy Activities

Read a story and talk about where the story is set.

Can you think of other settings for stories you have read before?

Write a sentence to describe how you are feeling and why.



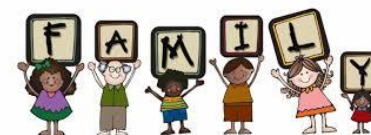
Ask an adult to tell you 2 instructions, can you follow them?

e.g wash your face and then put on your clothes?

Draw a picture of your favourite toy, can you say/write words to describe it?



Family Activity



If you have pavement chalk, make a 'Hollywood Walk of Fame' on your path. Draw round each persons' hands and write their name. If you don't have any chalk, you can draw round hands and cut them out to create your own family hand collage.



Numeracy Activities

Can you complete the Story of 5?

0 + 5 = 5 1 + ___ = 5
2 + ___ = 5 3 + ___ = 5
4 + ___ = 5 5 + ___ = 5

Can you draw a symmetrical butterfly?



How many clocks can you find in your house?

Remember they don't all look the same.



Pick 2 items from around your house. Use the terms shortest and longest to describe them.

Health and Wellbeing Activities

Do each activity for 30secs

- Jog on the spot
- Star jumps
- Squats
- Plank
- Push ups

Lie on your back and make the shape of as many letters or numbers with your body.

Can someone guess what one you are?

Ask an adult what you can do to help today.



Draw some healthy fruit or snacks beginning with the letters...

s b c p



Loudoun-Montgomery Weekly Home Learning Activities - Early Level Week Beginning 15.6.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

Literacy Activities

Use chalk to practice writing your first and second name outside.

Look around the house for items that begin with the letter.



Can you write these sentences in the correct order?

jumped The up. girl

fast. I run can

Practice writing the alphabet using capital letters.

A B C D E F G

Numeracy Activities

Missing Numbers

Complete :

3 _ 5 _ 7 _

12 _ 14 _ 16 _

Using 2 jugs/ cups/pots can you predict which one will hold the most water?



Practice formation of number 0-20.

Ask an adult to check the numbers are formed the right way.

Use a 1 minute timer (on a mobile phone).

How many times can you jump in 1 minute?

Health and Wellbeing Activities

Draw 4 things you will need to keep yourself safe in the sun.



Garden Yoga

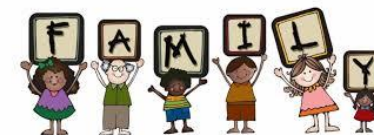
(see the attached sheet)



Create your own dance routine to a song of your choice. Teach it to someone else in your house.

Mindfulness - draw a doodle and turn it into something magical - give someone in your house one to do (remember a doodle is just a scribble made with your eyes closed).

Family Activity



Pick a board or group game to play. You could use one you have at home or use the **Snakes and Ladders** game provided. Adults can partner up with children or play individually. You might even wish to create some winner certificates or prize coupons.





Loudoun-Montgomery Weekly Home Learning Activities - Early Level Week Beginning 22.6.20

Feel free to complete as many activities as you wish - try to pick some from each colour.

Literacy Activities

Read a book with an adult. Look for different types of punctuation.

. ? !

Can you write these sentences in the correct order?

sweets. like I

boy fell over. The

Can you write as many words beginning with **b** as you can. Ask an adult to help spell tricky words?

Can you talk about some describing words for this picture?



Numeracy Activities

Which number comes **before** each of these numbers?

6 8 10 4
7 9 11 20

Can you draw a symmetrical flower?



Draw a clock face and draw hands to show the time 9 o'clock.



Draw some 2D shapes and try to cut them out.



Health and Wellbeing Activities

Healthy food

Draw a picture of a fruit you like to eat. Colour it in in rainbow colours.



Draw some healthy fruit or snacks beginning with the letters...

a t r l

Celebrate!

Make a playlist of songs and have a family disco at home. Ensure everyone has the chance to choose their favourite song.

Try and do 7 of each exercise

- Shuttle runs
- Jumping jacks
- Star jumps
- Bunny hops
- Squats

Family Activity



Have a family quiz night. Each member of the family should create 5 questions to ask everyone else. You could make questions about yourself, music, TV, sport, general knowledge etc. Remember to keep scores, encourage each other and have fun. Think of a team name and you may wish to create certificates or prizes.

