

# Emotions Board Game

## Instructions

Roll the die and move your game piece that number of squares. Read the emotion written in the square and say a time when you have felt this emotion e.g. I feel happy when I am riding my bike.

The game can be for 2-4 players. The first player to get to the end wins!

# Emotions

happy

embarrassed

hot

cross

proud

confused

sad

cold

disgusted

astonished

sleepy

Start

surprised

worried

astonished

happy

embarrassed

hot

cross

proud

confused

sad

cold

disgusted

astonished

sleepy

worried

surprised

astonished

happy

embarrassed

hot

cross

proud

confused

sad

cold

disgusted

astonished

sleepy

Finish

worried

surprised