

Make your own

# Coloured Rice



playtalkread  
Have Fun From Day One

## Coloured Rice recipe

### You will need:

A baking tray  
An old butter tub or container with lid  
1 cup of rice  
½ tsp of vinegar  
Lots of food colouring colours



### What to do:

1. Measure out the ingredients (let your child choose which colour of food colouring to use first) and add all the ingredients to the container.
2. Shake it all up!
3. Lay the rice on a baking tray and either dry it out in the oven at a very low heat or somewhere dry and warm.
4. Repeat with different colours to create a rainbow effect!

### Ideas

Pop the rice into a plastic bottle to make a musical shaker. Or bring out some cups and containers and play at mixing and measuring with your coloured rice.



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