

Make your own

Clean Mud



playtalkread
Have Fun From Day One

Clean Mud recipe

You will need:

A mixing bowl
3 cups of bicarbonate of soda
1 cup of water

What to do:

1. Measure out the bicarbonate of soda into the mixing bowl.
2. Slowly add the water until you get a mud-like texture.
3. Your clean mud is now ready to use! Let your child have fun experiencing its texture and why not see what shapes you can make?


Top Tip

If your mud is too runny, just add some more bicarbonate of soda.

Options

Why not try adding some food colourin to your mud? Or try hiding some object in the mud for you child to discover.



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