



Dear Parents/Carers,

Welcome to week 2 of lock down. Hope you are all safe and healthy. As this remains an unsettling time for everyone we would like to share some more useful websites and fun ideas for you to try at home. Hopefully this will continue to help keep your children active over this time of uncertainty. Again as previously mentioned please do not be worried about covering the curriculum during this time of closure as much of what we do is from real life experiences learning through play and activities that can be offered within your home. Please remember we are here to help

Salt dough family piece

Ingredients for this size -

500g of plain flour

250g salt

250mls of water (add slightly more water if necessary)

Bake in oven on lowest heat for 3 hours or until rock hard (took about 4 hours for ours)

Instructions-

- ▶ Mix the flour and salt then add the water
- ▶ Mix into a dough
- ▶ Roll out onto flat surface into desired shape about 1-1.5cm thick (remember to sprinkle some flour down to prevent sticking)
- ▶ Place on a baking tray
- ▶ Make hand imprints (as deep/clear as possible)
- ▶ place in the oven on the -lowest heat possible- and leave for 3-4 hours or until completely solid top and bottom. (Alternatively you can leave to air dry for a couple of days in a cool dry place)
- ▶ Paint with your choice of paints/colours (I used acrylic paints
- ▶ Seal with any kind of varnish or sealer to preserve it. Varnish, modpodge, PVA and water mix

Thank you to everyone who is liking and sharing the post, it is a lovely family keepsake and I encourage everyone to have a go of you have the means to do so! If you don't have paints then make it and paint it at a later date!

Acrylic paints can be used (although you can use whatever you have 😊) and you paint it after it has been in the oven

Check the bottom is rock solid before you take it out and make sure you have it on the oven's lowest heat or it will burn instead.



Let's get active: Sticky Kidz. This is a great activity that supports physical fitness and also listening and attention skills. As children really enjoy taking part in this at nursery thought it would be nice to share. Here is a link just pick the songs with your children and enjoy.

<https://www.youtube.com/channel/UC4u3fUr5gb7MrMLzj6jJ2UA>

What is in the bag today?

What you will need.

- A pillow case
- Collect 4-6 familiar objects and place them in your pillow case.
- Take it in turns to choose an object from the bag (Pillow Case).
- Other players must hide their eyes
- Player with the object has to describe the object chosen in order for other players to guess the object.
- Player that guesses correct has to pick another object and repeat.

Memory Game (Using the above materials)

- Place objects from the pillow case on top of a table or on the floor
- Place pillow case over the objects
- Take it in turns to remove one object while other players hide their eyes
- Remove the pillow case, can the other player identify what is missing?
- If the players don't guess then the player with the object can give some clues to assist them. Continue.

Music and Movement

You will need

- An empty plastic bottle such as water bottle.
- A variety of different fillers such as rice, lentils, cereals, pennies or small stones etc.
- Fill the empty bottles with filler of your choice.
- Bottles can also be decorated with arts and crafts such as stickers, feathers, glitter, etc.
- Finished?
- Now have some fun.
- Take turns singing favourite songs/nursery rhymes.
- Dance to your favourite music using your shakers.
- Parents/carers please note: **Children should not be left unattended with shakers due to safety reasons.**

Maths Games

In the street

- Recognising car numbers
- Number plate hunt. Who can find a 7? Add the numbers up.
- Comparing door numbers
- Counting - how many lampposts there are.
- How many rainbows/teddy bears are on/in the windows?

Doing the washing

- Counting in 2s - matching shoes
- Sorting by colour and size.
- Matching/pairing up socks.
- Find four shoes that are different sizes. Can you put them in order?



BUG Scavenger Hunt!



bee or wasp



ant



grasshopper or cricket



fly



butterfly or moth



ladybug



worm



spider



mosquito



snail or slug



A fun activity for all the family. This activity can be done indoors by involving your family to draw the pictures of the bugs or other objects within the home. Children/adults can then take turns in hiding them around the house. The person hiding them has to give clues to where they may be. To extend the activity why don't you go a nice walk locally? What can you see?

Houses and Homes. Activities and Games.

<https://www.twinkl.co.uk>

If there is anything else we can do please feel free to contact us.

Tracey Stevenson

Early Years Manager

Loudoun-Montgomery Primary and Early Years

Ayr Road,

Irvine. KA12 8DF

Mob: 07745771201

Email: gw10mccallumtracey2@ea.n-ayrshire.sch.uk

Lisa Macary

Lead Practitioner

Email: gw18macarylisa@ea.n-ayrshire.sch.uk

Remember we are here to help. Please stay safe and take care.

Sending love from all at Loudoun.

