

# Handprint Heart Kindness

## You will need:

A paper plate for every child

A selection of different paints and brushes



## Instructions

1. Choose a colour of paint to paint your hand.
2. Carefully dip the brush into the paint and paint it onto your hand.
3. Press your hand down onto the paper plate.
4. Make sure you wash your hands and get all the paint off.



Teacher Note:

Ask your children how they could be kind to others. Write these ideas down on paper.

If you wish, arrange the paper plates in a heart shape and display on a wall. Place some of the children's ideas on the display board too.