

## Free training for family carers of children with autism in Irvine

Tuesday 4<sup>th</sup> April  
and  
Tuesday 11th April 2017



Dear Reader,

Please find enclosed a flyer regarding our new training project, Positive Pathways Scotland which has been funded by the Scottish Government's Autism Development Fund.

We are hoping to gain enough interest to hold the training in Irvine, and would like to ask your help to get the information out to family carers.

To secure a place we are asking interested parties to secure a place by completing a short application form and returning this to us. We offer both afternoon and evening training sessions.

We would be very grateful if you could display this leaflet or/and distribute this information to help us promote awareness of this course

(To request application forms, return envelopes or flyers please contact Laura on t: 0141 779 6365 or by email at [pps@trfs.org.uk](mailto:pps@trfs.org.uk))

### What is it about?

Positive Pathways Scotland's main aim is to set up a free Behavioural Advice and Intensive Support Service for carers of young people with autism (age 5 to 18).

There are free training events across Scotland in both the afternoon and evenings, a smaller number of 1;1 behavioural support sessions and we are launching an e-learning website.

### Who's it for?

Positive Pathways Scotland is for parents and carers of children and young people with autism (age 5 to 18).

### What's on offer?

- 2 free training sessions with a focus on understanding emotional and behavioural challenges
- A small number of 1:1 sessions with a behavioural therapist and follow up consultation phone calls throughout the year
- a range of e-learning resources and tools

Thank you very much for your support, and please get in touch if I can help with any queries.

Kind regards,

Laura Andrew, Positive Pathways Scotland

## FREE TRAINING!

### Positive Behaviour Support Training for Family Carers of Young People with Autism

#### Who's it for ?

Parents and carers of children and young people with autism (aged between 5 to 18).

#### What's it about?

The training will focus on understanding emotional & behavioural challenges through a free Advice and Intensive Support Service

#### What's on offer?

- 2 free training sessions with a focus on understanding emotional and behavioural challenges
- a range of e-learning resources and tools
- a small number of 1:1 sessions with a behavioural therapist and follow up consultation phone calls throughout the year

Find us on Facebook: 'Positive Pathways Scotland'

Website: [www.positivepathways.scot](http://www.positivepathways.scot)



Funded by:  
The Scottish  
Government  
Riaghaltas na h-Alba

### **Training Sessions (2016 and 2017)**

Initial training consists of two half-day training sessions in Positive Behaviour Support for family carers, which will be held in a number of locations all around Scotland.

These sessions will provide you with practical support and advice that you can use right away back in the family home. You will also have the opportunity to hear from other family carers in a supportive and relaxed atmosphere.

### **1:1 Sessions**

There will be the opportunity to apply for 1:1 sessions with a Behavioural Specialist. These will be held locally out with the family home, and there will be two 1:1 sessions and 4 follow up consultation phone calls. These will focus on:

- Providing practical support and guidance in using Positive Behaviour Support approaches
- Problem solving around difficulties that you and your family are facing
- Feedback regarding new ideas and providing further advice

### **Topics include:**

- An introduction to Positive Behaviour Support
- Exploring reasons for behaviours that challenge
- Sensory differences in autism
- Communication and understanding
- Social stories and social scripting
- Strategies for managing difficult times

### **Positive Pathways Scotland**

The training will be led by Laura Andrew, a Behavioural Specialist from **The Richmond Fellowship Scotland's Positive Behaviour Support Team.**



**Booking starts now. Get in touch for an application form to confirm a place as places are limited!**

**Contact Laura Andrew on  
Email: [pps@trfs.org.uk](mailto:pps@trfs.org.uk)  
Tel: 0845 013 6365**