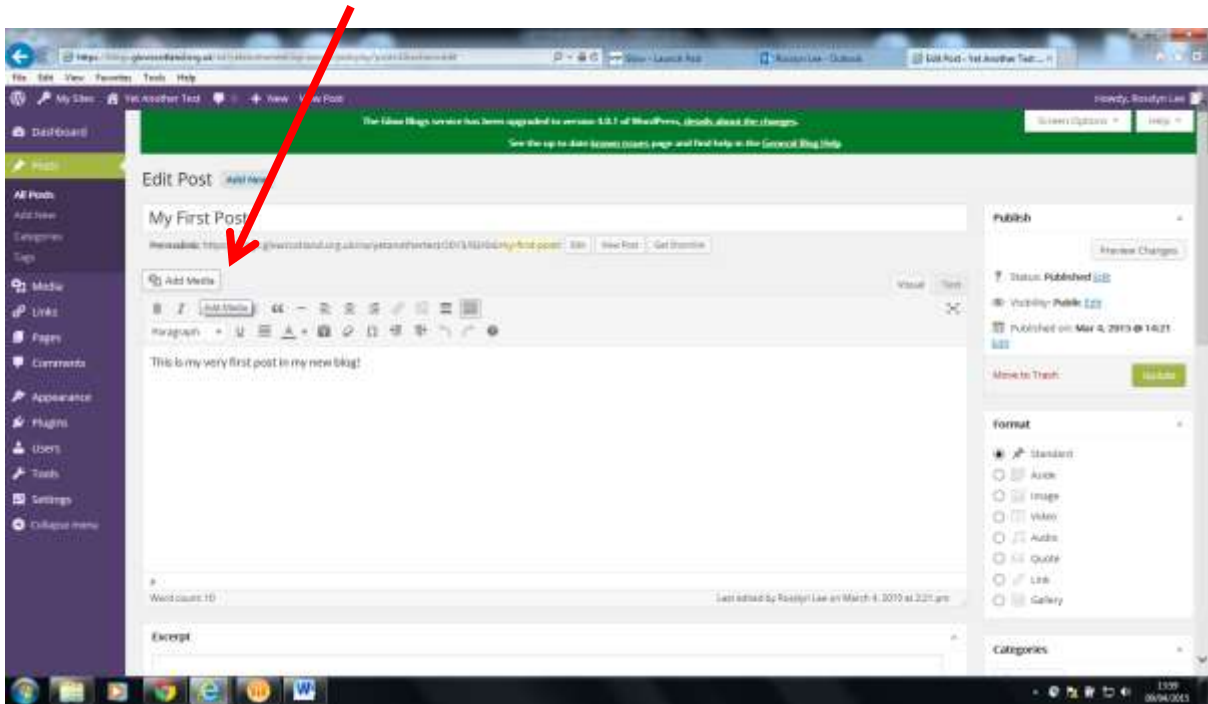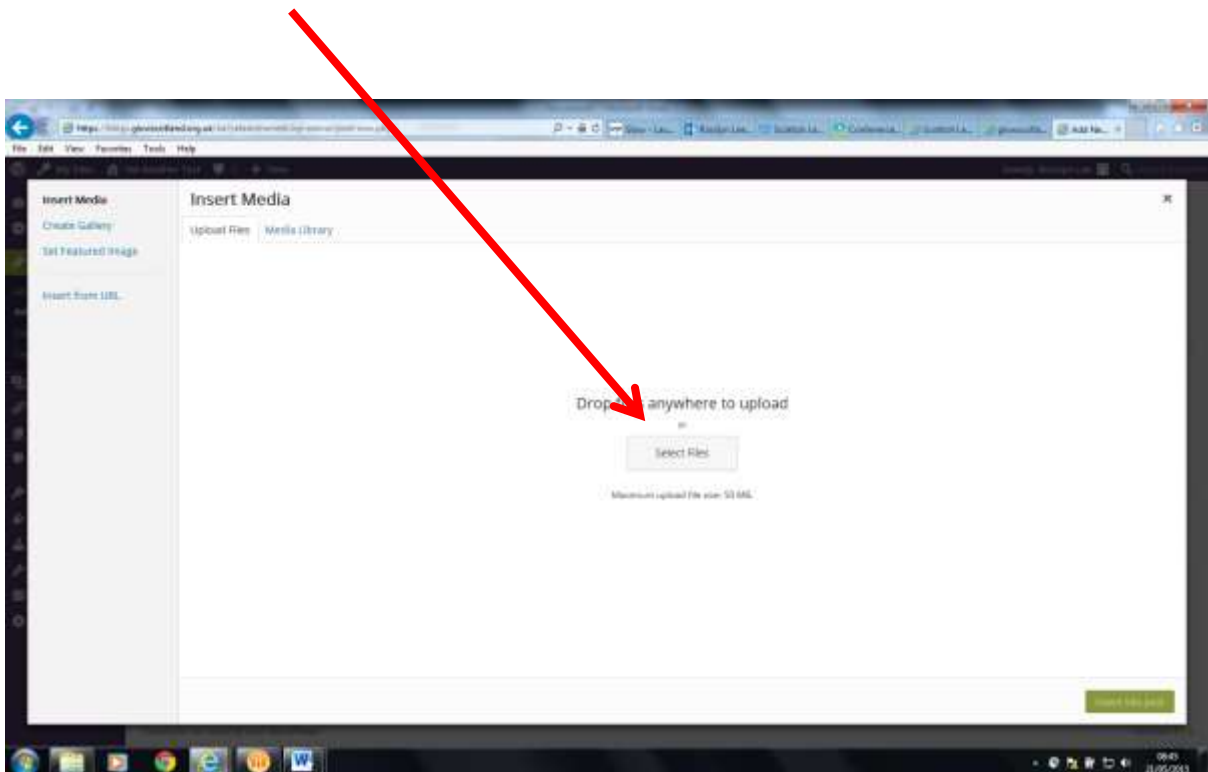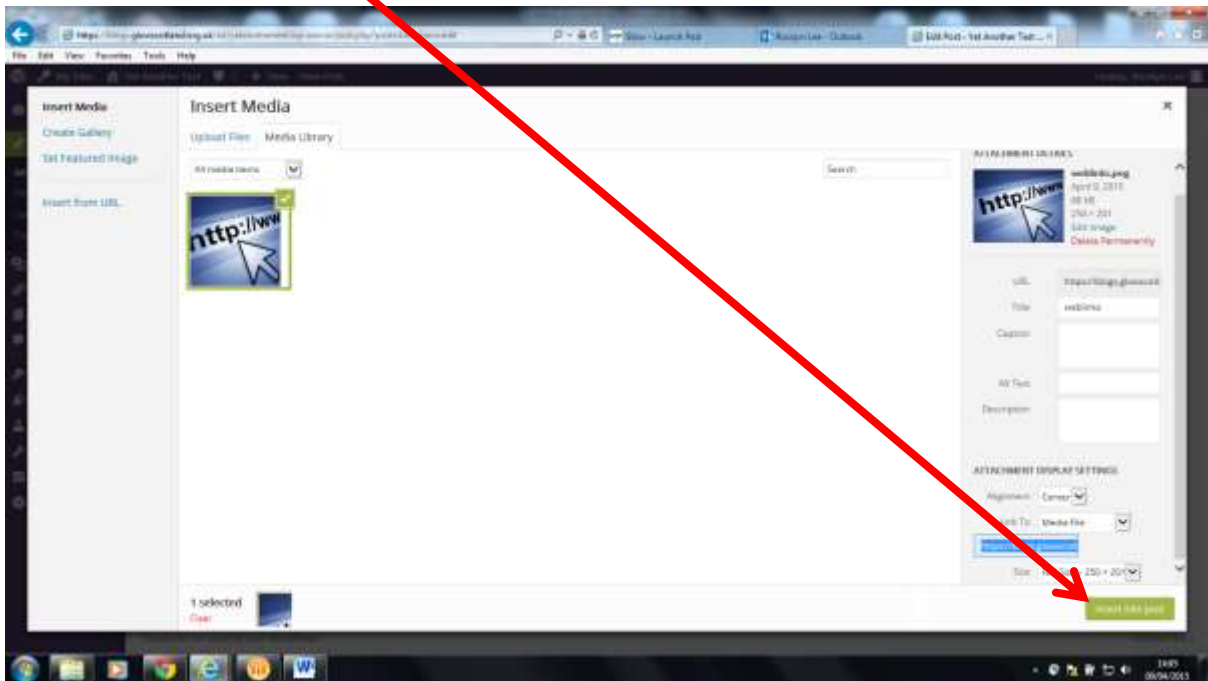# ADDING MEDIA TO A GLOW BLOG

To add media, choose ADD MEDIA.

Simply click SELECT FILES and add in the same way you would add an attachment to an e-mail.

Once you have uploaded a photo, you will be taken to your media library. You can upload multiple files and then choose which post to put them in or you can upload media to a post immediately by clicking on INSERT INTO POST after uploading.

Media can be in the form of photo, video, audio and text files.