

# MY BLOG – What should I write in it?

You have created your blog and should by now have made a few posts in it. At the end of P7, your blog will provide your Profile. Your Profile will contain your latest and best achievements and skills as well as your Learner Statement.

In your profile you should highlight and celebrate all that you are good at and have achieved. You should reflect on what you have learned and are able to do in order to help you to further develop and achieve even more!

## LEARNER STATEMENT

This should be a paragraph about your strengths, interests, personal qualities and goals.

What to include in your learner statement:

- Look at information from your profile, pick two strengths and one or two personal qualities.  
Eg. I like to think of new and clever ways of doing things. I am an organised person.)
- What are your strengths? Give examples of how you use these in school or outside.  
Eg. I am an enthusiastic person and I am good at encouraging others to keep going even when our football team are losing. I am able to keep going even when I am not enjoying something and I am willing to try new things.
- What do you like in school/outside school?  
Eg. I like art at school and I enjoy drawing and painting in my free time at home.
- How do you work, do you prefer doing things on your own or with others in teams? Give some examples and what you do.  
Eg. When I am learning something new, I enjoy working with other people so that we can support each other, but once I am confident with the work I prefer to work on my own.
- Hobbies, what are they, what skills do you use in them?  
Eg. Football – you work as part of a team and can listen to instructions as well as encouraged your team mates to play well



# The Learner Statement

Your Learner Statement should, as mentioned before, include information about your strengths, interests, personal qualities and goals.



Here are some words that will help you describe yourself and write your Learner Statement.

## MY STRENGTHS

Confidence	Communicator	Hard worker
Able to keep going	Able to give things a go	Leader
Honesty	Teamworker	Enthusiastic
Funny	Original	Listener

## MY PERSONAL QUALITIES

Logical	Mathematical	Good at languages	Verbal
Musical	Motivated	Creative	Understanding
Know my limits	Caring	Supportive	Courageous
Positive	Organised	Reliable	Loyal

## MY GOALS

To help others	To think of others	To be a good friend
To be reliable	To be a hard worker	To keep learning
To be happy	To maintain a positive attitude to life	
To make better choices	To always do my best	



# Example Learner Statement

## All About Me

My name is Beth and I'm eleven years old. I go to North Ayrshire Primary School and at school I enjoy all my subjects. I always like a challenge. I enjoy learning new skills. My favourite subjects are Music and French. I like playing the trumpet and enjoy being creative and writing songs. I like being in the school band because I enjoy being part of a group, supporting others to play their best and trying to play as well as I can.

I enjoy participating in group activities across the school. I also like to work independently, but if I am in a group I prefer someone else to be in charge. Practical work is my favourite because I enjoy getting involved and taking part. I also enjoy taking part in a lot of school activities like school shows, after-school sports clubs and I am on the school's Fairtrade Committee. The committee meet one a month and talk about how we can promote Fairtrade in the school. We have arranged for speakers to come in to give talks to classes, regularly run Fairtrade Fairs where pupils can buy Fairtrade goods and we even organised a Fairtrade Fashion show so we could donate some money to Fairtrade. We raised £360.

Outside of school I am a member of the local swimming club. I train four times a week and also help one of the coaches with the beginners' class. This is helping me to build my confidence as I have to communicate with younger children and encourage them to do their best in training sessions.



## ACHIEVEMENTS AND SKILLS

You need to think carefully about your achievements – lots of people forget what they have done or simply don't think to include it. You will no doubt keep a note of your achievements somewhere, for example in a jotter or notebook, which will make it easy for you to record them in your blog. Question yourself, 'So what?' so that you can explain why it is an achievement and not just a list of things that you've done.

### Achievements:

- What are your achievements?
- What have you done particularly well?
- What are you proud of?

Achievements might include:

- Involvement in a project, club or activity in or out of school
- Having a particular job or responsibility in or out of school
- Any certificates or prizes you have gained in or out of school
- Interests/responsibilities that you are involved in outwith school
- Success you've had in some of your subjects

### **Skills:**

- What skills are your strengths?
- When have you shown your skills?
- Can you give an example?
- List your key skills and how you have used your skills, for example working with others as part of a school committee/council or leading a team.

You should include as many examples of skills from this list as possible:

- literacy
- numeracy
- health and wellbeing
- leadership
- working with others
- problem solving and ICT

Look at the Skills for Learning, Life and Work lists, on the next page for ideas of what the skills might look like.

### **GOALS AND ASPIRATIONS**

This includes:

- What are your hopes for the future?
- What do you hope to achieve next year?
- What would you like to learn more about?
- Are there any other areas of interest out with school you hope to be involved in?

### **WRITING YOUR BLOG**

Include important and accurate information

- Focus on your most recent and/or best achievements in all areas of learning in and out of school
- Remember to check spelling, grammar and punctuation
- Use a basic black font
- Don't put kisses or hearts in your posts – it's an educational document!



# Skills for Life, Learning and Work

What might these skills look like?



## Literacy

Contribute to discussions  
Identify main ideas of texts  
Confidence in reading and writing  
Apply skills in other areas  
Explain my thinking  
Know when I am being influenced  
Can create texts

## Leadership

Have clear goals  
Set high standards  
Take turns  
Delegate to others  
Take different roles  
Contribute ideas  
Accept responsibility

## Numeracy

Confidence in using numeracy  
Apply skills in other areas  
Explain my thinking  
Interpret data  
Use data to make decisions

## Problem solving

Identify problems  
Use different strategies  
Find resources to help  
Test and evaluate ideas  
Use results to form next steps

## Health and Wellbeing

Challenge myself  
Recognise my strengths  
Recognise others' strengths  
Aware of other's needs  
Approach changes with confidence  
Positive attitude  
Motivated to do my best

## Communication

Use ICT where appropriate  
Listen and observe with respect  
Express thoughts and feelings honestly  
Deliver ideas in an organised way  
Speak with or without preparation

## ICT

Use ICT to support my learning  
Use responsibly and safely  
Confidence in using technologies  
Positive approach to new technologies  
Use ICT where appropriate

## Working with others

Value and build on others' ideas  
Listen to others  
Compromise when appropriate  
Know and use others' strengths  
Encourage others  
Appreciate others' points of view  
Take responsibility



# What skills have you used today?

Have you been.....

## Reflective:

Assessed your own learning?  
Thought about what you are good at?  
Looked for extra opportunities to learn?  
Identified your own success criteria?  
Told other people how well you have learnt?  
Set yourself goals?  
Been able to take criticism?  
Asked for feedback and responded positively?  
Evaluated your strengths and weaknesses?  
Reviewed your own progress?  
Taken some risks and done something different?  
Improved your learning based on feedback?



## Creative:

Had a really good idea?  
Been creative?  
Made connections?  
Generated an idea?  
Adapted and reacted to a changing situation?  
Tried a different way of learning?  
Followed an idea through?  
Been adaptable?  
Had a new experience?  
Been predictive?  
Explored lots of possible ways of learning?  
Asked thoughtful questions?



## A Leader:

Organised your time well?  
Looked for a challenge?  
Set high standards?  
Contributed ideas  
Coped with pressure?  
Taken turns?  
Taken some risks and done something different?  
Persevered?  
Accepted responsibility?  
Identified problems and dealt with them?  
Prioritised what you need to do?  
Delegated to others?  
Shown initiative?



# What skills have you used today?

Have you .....

## Analysed and Evaluated:

Found a question that you would like to answer?  
Found a problem you would like to solve?  
Decided on something you would like to research?  
Carried out research effectively?  
Researched using sources other than the internet?  
Understood why certain decisions are made?  
Come to a conclusion?  
Given evidence to support a conclusion?  
Thought about the reliability of information?  
Analysed something?  
Evaluated something?  
Looked at both sides of an argument?  
Thought from a different perspective?



## Worked with others:

Encouraged others in the class?  
Worked well with other people?  
Been a good team player?  
Given useful feedback to somebody else?  
Taken part in a discussion?  
Been co-operative with others?  
Reached agreements with other people?  
Shown confidence?  
Been fair and considerate?  
Compromised when appropriate?  
Been a good listener?  
Taken responsibility for your role?



## Applied Yourself:

Drawn or constructed your answers?  
Translated?  
Found different ways to improve your learning?  
Dealt with a problem step by step?  
Negotiated with others?  
Kept an open mind?  
Found a solution to a problem?  
Had a balanced view about something?  
Been persuasive?  
Organised your work to show?  
Made yourself aware of a current issue?  
Manipulated your answers?  
Demonstrated your answers?



## Help with posting

Sometimes it's difficult to know how to start a post. Here are some sentence starters, however you need to add an ending that shows how you have used or developed a particular skill. You aren't expected to learn every skill mentioned in this booklet, only use the ones relevant to you.

I can.....  
I have.....  
I did.....

I am skilled at.....  
I am confident in.....  
I am able to.....



### EXAMPLE POSTS

As part of my Natural Disasters topic we were given a task to write a report about an earthquake. This project was very interesting to do because I had to research by myself and find resources to help. Taking responsibility for my work was also a big part of my project. I had to use ICT skills during this project and had to apply several numeracy skills to work out the death toll from different areas where the earthquake and tsunami hit. I was very pleased with my work and I had very clear goals so that I could work to the best of my ability.

In **English** we have been researching for and writing an essay on Anne Frank. I put a lot of effort into this essay and I can explain my opinions with evidence from the book. I was working on openers, paragraphs and including proper punctuation. We peer assessed our work using evaluation sheets. We re-drafted our work using the computers and I feel quite confident using ICT to support my work.

I have been learning some new topics in **Maths** this year and I find that I have been able to apply my mathematical skills in other subjects such as Science. I am able to use data to make decisions in these subjects and come to conclusions. Measuring is very important in Technology because mistakes mean that whatever you are making doesn't fit together. I can concentrate whilst working and this allows me to produce the best work possible. I always set myself high standards and enjoy taking responsibility for my own work.

In **Spanish**, we had to make a poster about vocabulary to do with house and home. My group worked really well together. We all took responsibility for our roles. We encouraged each other, which helped us make an eye-catching poster that included lots of information. When we were peer assessing we gave useful feedback, which helped other groups.

We have worked in groups a lot this year in **Music**, composing and recording songs on various instruments. I feel I have worked well as part of a team and even had the chance to lead the team in our work. Writing the words for the songs has taught me to listen to others as well as to encourage some. This has also helped boost my confidence in my writing skills and showed me that I can apply my literacy skills in other areas.



# Word Bank

## Words you may hear or use when thinking or talking about learning skills.

**Remembering** - Can you recall information?

Recognising	Listing	Describing	Identifying
Retrieving	Naming	Locating	Finding



**Understanding** - Can you explain ideas or concepts?

Interpreting	Exemplifying	Summarising	Inferring
Paraphrasing	Classifying	Comparing	Explaining

**Applying** - Can you use the information in another familiar situation?

Implementing	Carrying out	Using	Executing
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**Analysing** - Can you break information into parts to explore understandings and relationships?

Comparing	Organising	Deconstructing	Attributing
Outlining	Finding	Structuring	Integrating

**Evaluating** - Can you justify a decision or course of action?

Checking	Hypothesising	Critiquing	Experimenting
Judging	Testing	Detecting	Monitoring

**Creating** - Can you generate new products, ideas, or ways of viewing things?

Designing	Constructing	Planning	Producing
Inventing	Devising	Making	Composing

## Using correct grammar in your e-portfolio

Your e-portfolio is an educational tool, it's not Facebook or similar social media so you need to write in proper English.

- Use a capital I whenever you write about yourself – you are important so you deserve a capital letter!

Eg. I scored 19 out of 20 in a class maths test. This test was about fractions. I was very pleased with myself and feel secure in using fractions in Maths.

- Use capitals when you write a name, a place or a school subject.

Eg. My name is **Catherine Green** and I love **French**. I was able to use my **French** skills when I visited **Paris** during the summer.....

- **Do not** use the type of symbols you would put in a text message or on Facebook – remember this is a formal document.

Eg. <3 XXX ☺ ☹ ;)

- Write in sentences, use punctuation marks, watch your spelling and use the correct tense!

Eq. I did well NOT I done well

- **A lot** is not the one word, it's two different words!
- Don't overuse apostrophes!



Your bananas – this means that the bananas belong to you.

You're bananas – this means that you are bananas. It's an insult!

The apostrophe replaces a missing letter, in this case the **a** of the word **are**.

- This is also wrong – you do not need an apostrophe to make a word plural!

